

*Massoga<sup>®</sup> Retreats*  
MAGNETIC ISLAND

2024

# Magnetic Island

## THE LOCATION

Magnetic Island, nestled off the coast of Queensland, Australia, offers an enchanting escape that leaves an indelible mark on every visitor. Stepping onto its shores feels like entering a tropical haven where time slows down and worries dissipate. The island's verdant landscapes, rimmed by pristine beaches and sparkling waters, create a captivating setting for adventure and relaxation.

Hiking trails like the Forts Walk wind through lush forests, leading to World War II-era fortifications and vantage points that afford breathtaking panoramic views of the Coral Sea. The island's diverse wildlife, including its iconic rock wallabies, adds an element of wonder to these explorations.

Sinking your toes into the powdery sands of Horseshoe Bay or secluded Alma Bay, you'll find serenity in the gentle lull of the waves. Snorkeling and diving in the Great Barrier Reef Marine Park's nearby waters reveal a vibrant underwater universe brimming with colorful corals and marine life.

The island's laid-back atmosphere is reflected in its charming communities, with local markets, waterfront dining, and friendly residents welcoming you with open arms. Magnetic Island's magnetic allure extends beyond its name, captivating travelers with an experience that lingers in memory long after the journey ends.

# ACCOMMODATION + PRICING 2024

Each property has been carefully selected to ensure you can enjoy as much time as you need solo for deep rest, and to provide opportunities for shared time to connect at the main house where we will enjoy meals and all activities. All properties are within a 5 minute walk of each other in Picnic Bay, Magnetic Island.

Luxury

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# ACCOMMODATION

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# The PAVILIONS

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The Pavilions is a spectacular home with amazing Coral sea views. Designed with privacy and luxury in mind. this home is ideal for people who are seeking a retreat, peace, tranquility, to getaway... Set on an exclusive headland on beautiful Magnetic Island. The Pavilions is an elegant and spacious 'smart' home with touch button sophistication set amid carefully selected & beautifully arranged furnishings. This home is for people seeking somewhere special.



# FACILITIES + FEATURES

4 bedrooms, 3 bathrooms

Air Conditioning, Balcony, Bathroom, Bath Tub, Coffee Machine, Crockery and Cutlery, Furniture Outdoor, Garden Area, Kitchen, Laundry, Linen, Lounge, Microwave Oven, Shower, Stairs, Stove, Swimming Pool, Toaster, Views, Washer/Dryer, Wi-Fi.

*"There is nothing like The Pavilions on the Island."*

Guest @ The Pavilions

Your choice

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# FOR A LUXURIOUS NIGHTS SLEEP

## MASTER SUITE

This is the superior suite on retreat. With views from your bathtub over the ocean, and a large private deck to lounge on you will feel like you're in heaven.

### FROM \$3760

Shared \$3760 each. Ideal with your partner (shared bed)

Private \$4630

## QUEEN + ENSUITE

This room sits in the main house with direct access to the pool deck. You have a balcony and private bathroom with shower.

### FROM \$3160

Shared \$3160 each. Ideal with your partner (shared bed)

Private \$4310

## QUEEN + SHARED BATH WITH BALCONY

This room with small balcony looks out onto the natural surrounds, with glimpses of the ocean. You share a bathroom with shower with the other queen room across the hall.

### FROM \$2960

Shared with balcony \$2960 each. deal with your partner (shared bed)

Private with balcony \$3770

## QUEEN + SHARED BATH

This room looks out onto the beautiful gardens filled with the iconic boulders of Magnetic Island. You share a bathroom with shower with the other queen room across the hall.

### FROM \$2860

Shared \$2860 each. Ideal with your partner (shared bed)

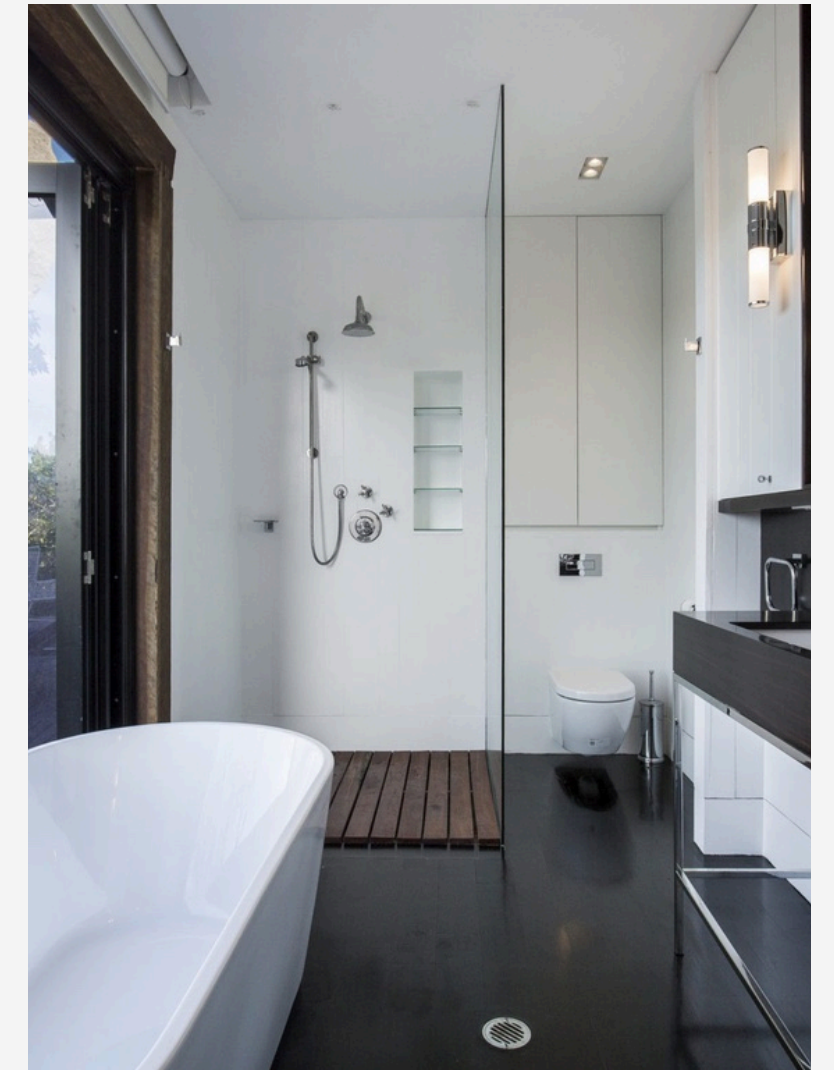
Private \$3670

# Master + ENSUITE

This room has a Queen Size bed and an exquisite ensuite with bath that looks out to ocean views. With by-folding doors out onto your own private deck you will feel a world away from everywhere in this luxurious room.

**Private \$4630**

**Shared \$3760 each.** Ideal with your partner (shared bed)



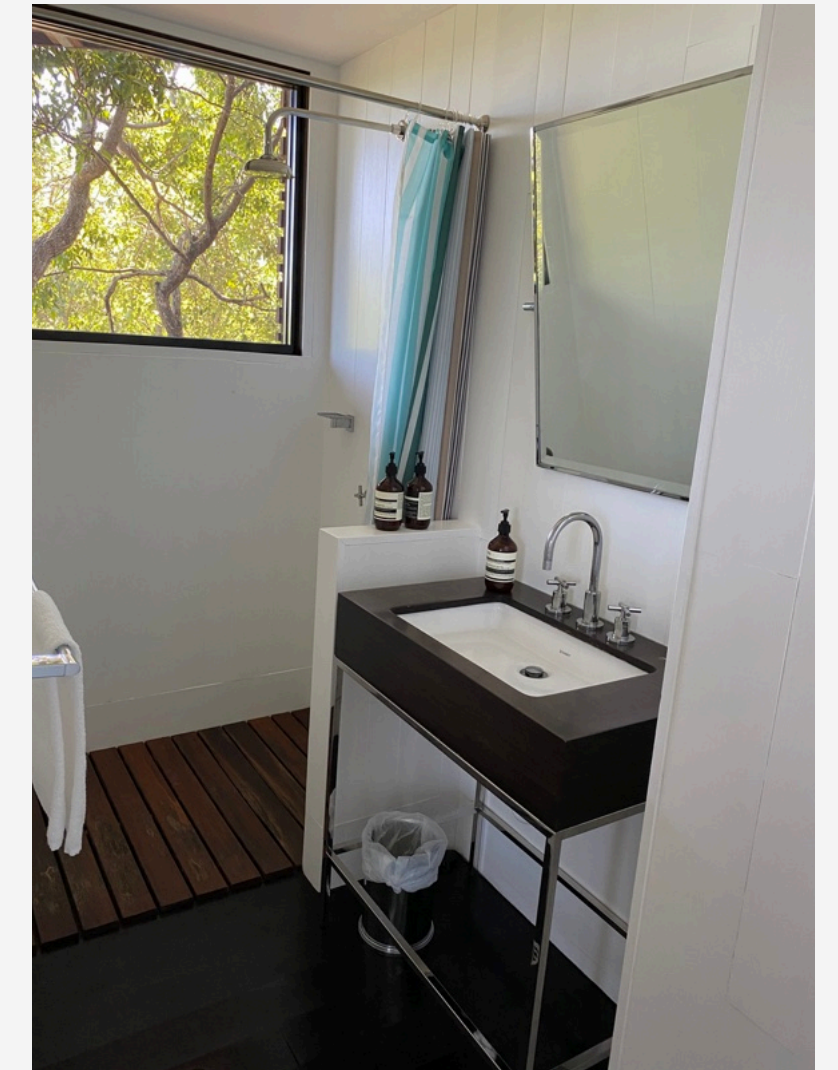


# Queen + ENSUITE

Positioned in the main house this room has an ensuite and a balcony. It opens onto own private study giving you ample room to spread out. It is ideal for someone who enjoys time to write or draw in the study that looks out on to the unique landscape of boulders.

**Private \$4310**

**Shared \$3160 each.** Ideal with your partner (shared bed)

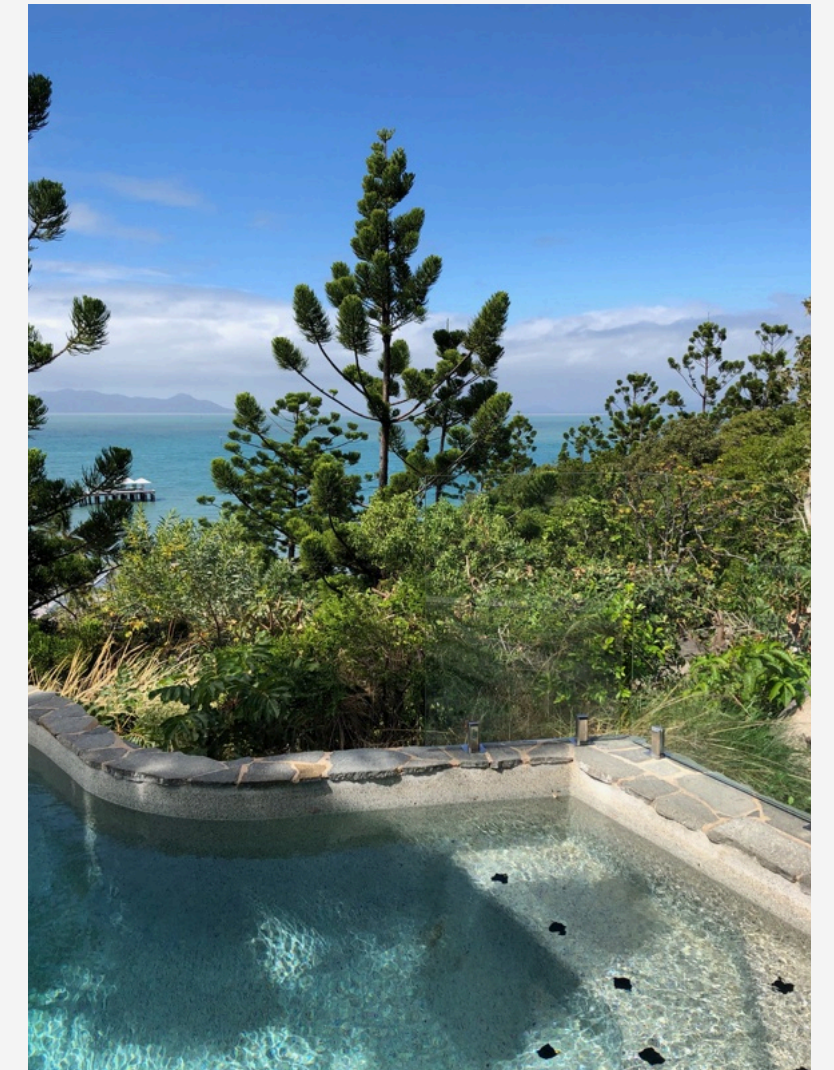


# Queen + SHARED BATHROOM

Both Queen size beds with share a bathroom in the exquisite Pavilions accommodation. One room has a balcony that looks out onto the unique Magnetic Island flora.

**Private with balcony \$3770**  
**Shared with balcony \$2960 each**

**Private without balcony \$3670**  
**Shared without balcony \$2860 each**



# Why Retreat WITH MASSOGA®

Embarking on a Massoga® retreat is a transformative journey that offers a multitude of benefits, making it a compelling choice for anyone seeking to rejuvenate their body and soul. Going on a retreat allows you to acknowledge that you deserve this time of self-care and introspection. In our fast-paced lives, it's easy to neglect our own needs, but a retreat reminds you to prioritize self-nurture. You are granting yourself the precious gift of time – time to delve deep within yourself and contemplate your true desires. It's a space where you can reflect on your aspirations and practice them without the distractions of daily life.

Retreats provide an opportunity to cultivate and refine your yoga and mindfulness practices. Whether you're a seasoned yogi or a beginner, you can explore and deepen your practice in a supportive and serene environment. One of the most enriching aspects of a yoga retreat is the sense of community. Surrounded by like-minded individuals, you'll find inspiration and connection as you share your journey toward self-discovery and growth. A retreat takes the stress out of planning a holiday. Every detail is meticulously organized for you, allowing you to fully immerse yourself in the experience. From accommodations to meals and activities, all you need to do is relax and embrace the journey.

The care and nurturing provided by a Massoga® Retreat are unparalleled. It's a space where you're pampered and supported, leaving you feeling revitalized, balanced, and ready to face the world with renewed energy and clarity. In sum, a yoga retreat is a holistic experience that nourishes your body, mind, and spirit, making it a truly worthwhile endeavor for anyone seeking personal growth and well-being.

2024

# Rock Salt VILLAS

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Situated on the foreshore at Picnic Bay, Rock Salt is an adults only complex of two x one-bedroom villas has everything you need for a relaxing getaway. The king-sized bed will ensure you sleep soundly at night, and the solar heated pool looking towards the beach will keep you cool during the day. With no road between the front of your accommodation and the foreshore, you'll be able to watch the gentle waves from your inside living space and balcony areas - and even take advantage of the view from an outdoor rainwater shower.



# FACILITIES + FEATURES

1 bedroom, 1 bathroom

Air Conditioning, Balcony, BBQ, Beachfront, Bedmakes, Big, Screen TV, Ceiling Fans, Clothes Dryer, Covered Outdoor, Area, Crockery and Cutlery, Dining Room, Dishwasher, Furniture Outdoor, Garden Area, Iron & Board, Kitchen, Laundry, Linen, Lounge, Microwave Oven, No Smoking, Rooms, Parking, Porch/Deck, Refrigerator, Shower, Smoke Detector, Stairs, Stove, Swimming Pool, Toaster, TV, Views, Washing Machine, Waterfront, Wi-Fi

*“Property was immaculate  
and well equipped with  
everything.”*

**Guest @ Rock Salt Villas**

*Your choice*

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# FOR A RESTFUL NIGHTS SLEEP

## VILLA 1

The king-sized bed will ensure you sleep soundly at night, and the solar heated pool looking towards the beach will keep you cool during the day.

FROM \$3160

**Shared** \$3160 each. Ideal with your partner (shared bed)

**Private** \$4330

## VILLA 2

The king-sized bed will ensure you sleep soundly at night, and the solar heated pool looking towards the beach will keep you cool during the day.

FROM \$3160

**Shared** \$3160 each. Ideal with your partner (shared bed)

**Private** \$4330

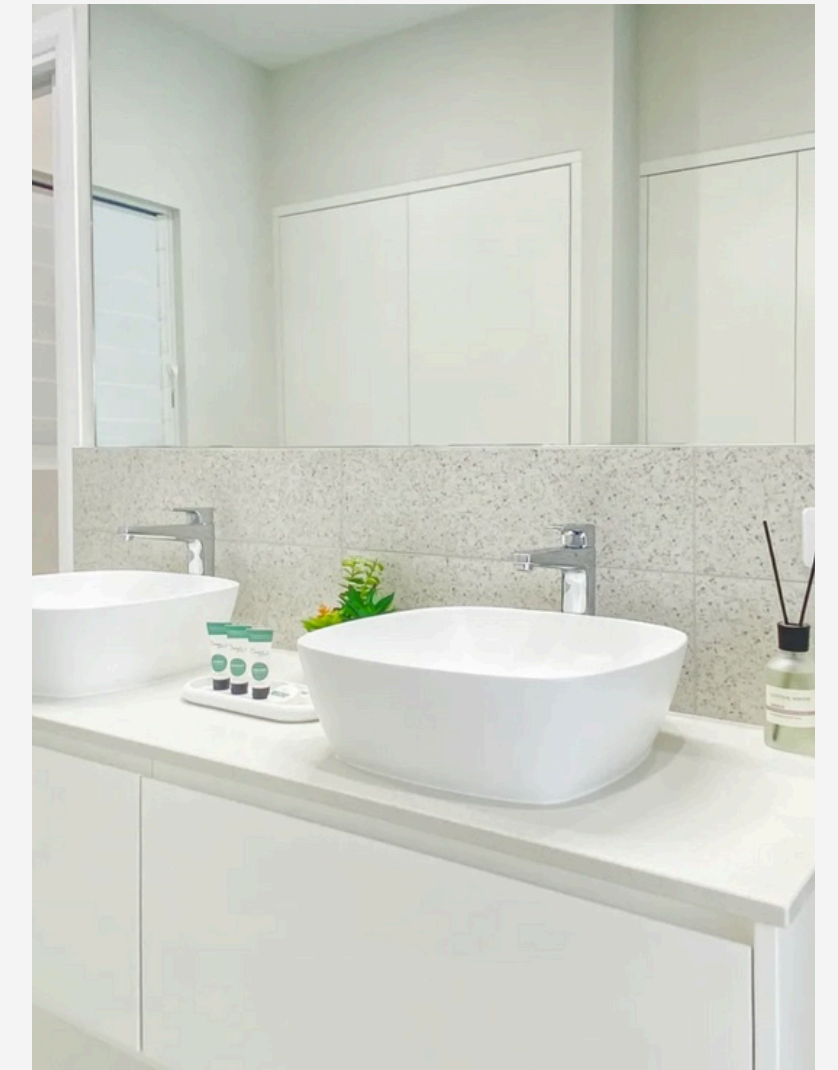
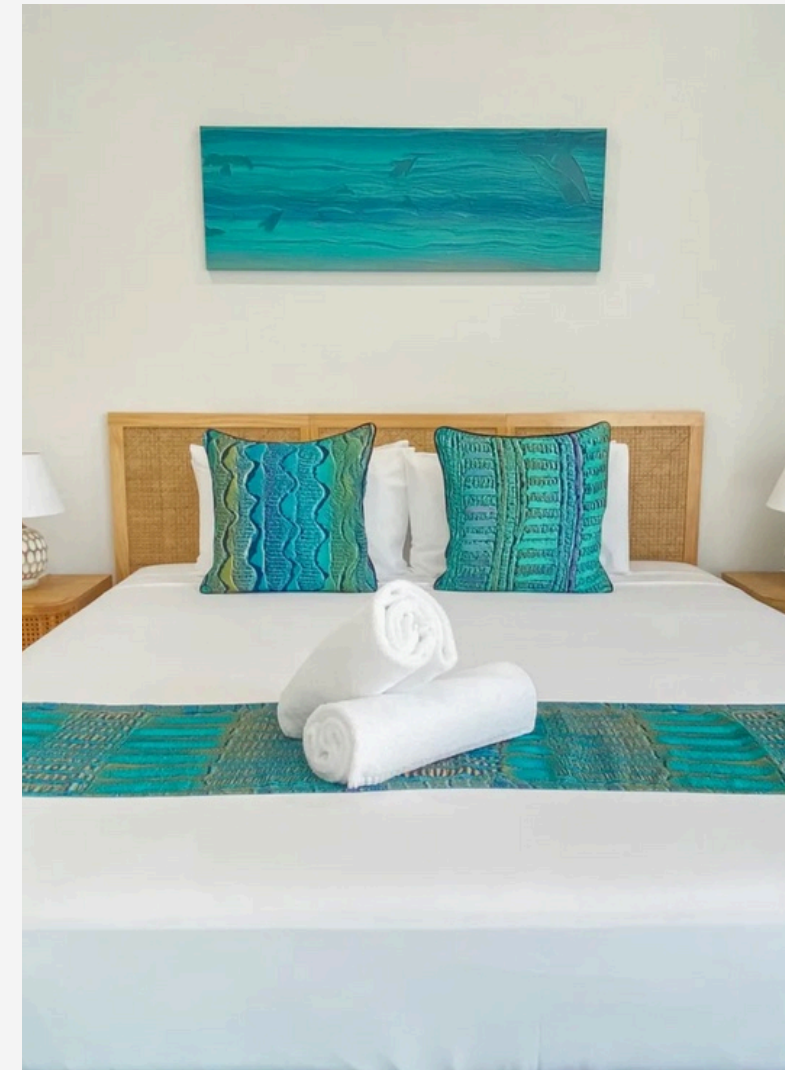
# Villa 1

## KING + ENSUITE

With no road between the front of your accommodation and the foreshore, you'll be able to watch the gentle waves from your inside living space and balcony areas - and even take advantage of the view from an outdoor rainwater shower.

**Private \$4330**

**Shared \$3160 each.** Ideal with your partner (shared bed)



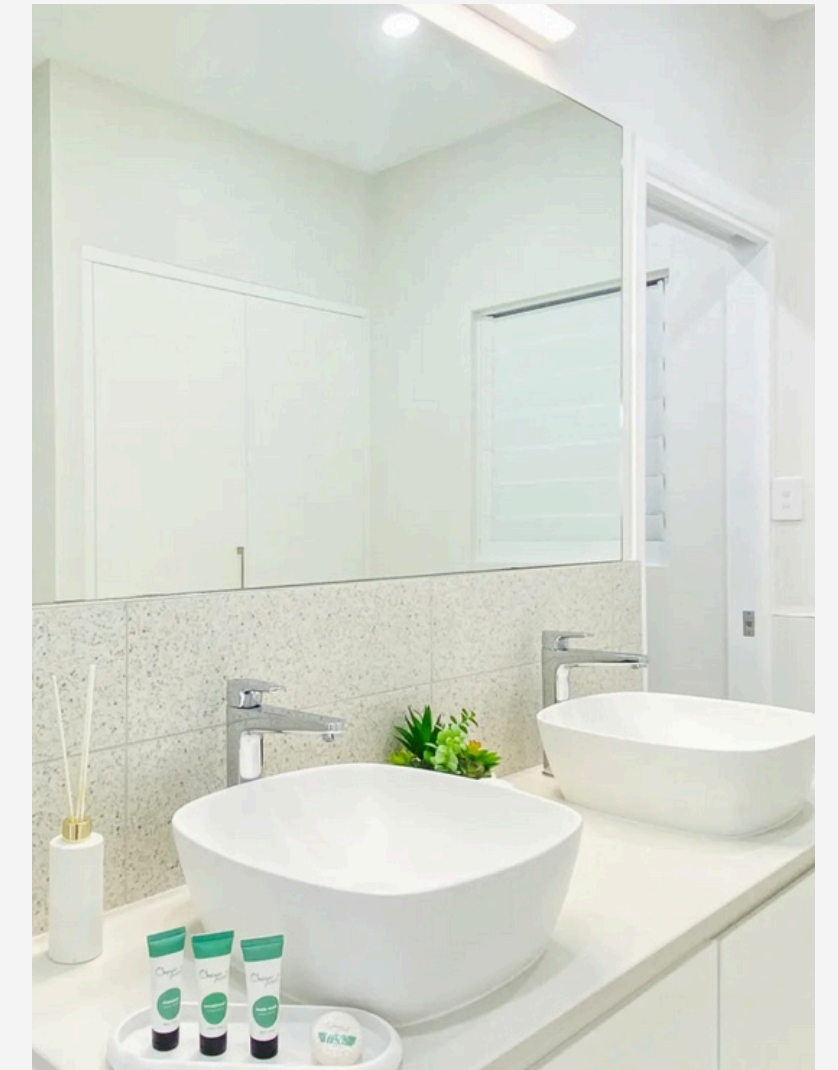
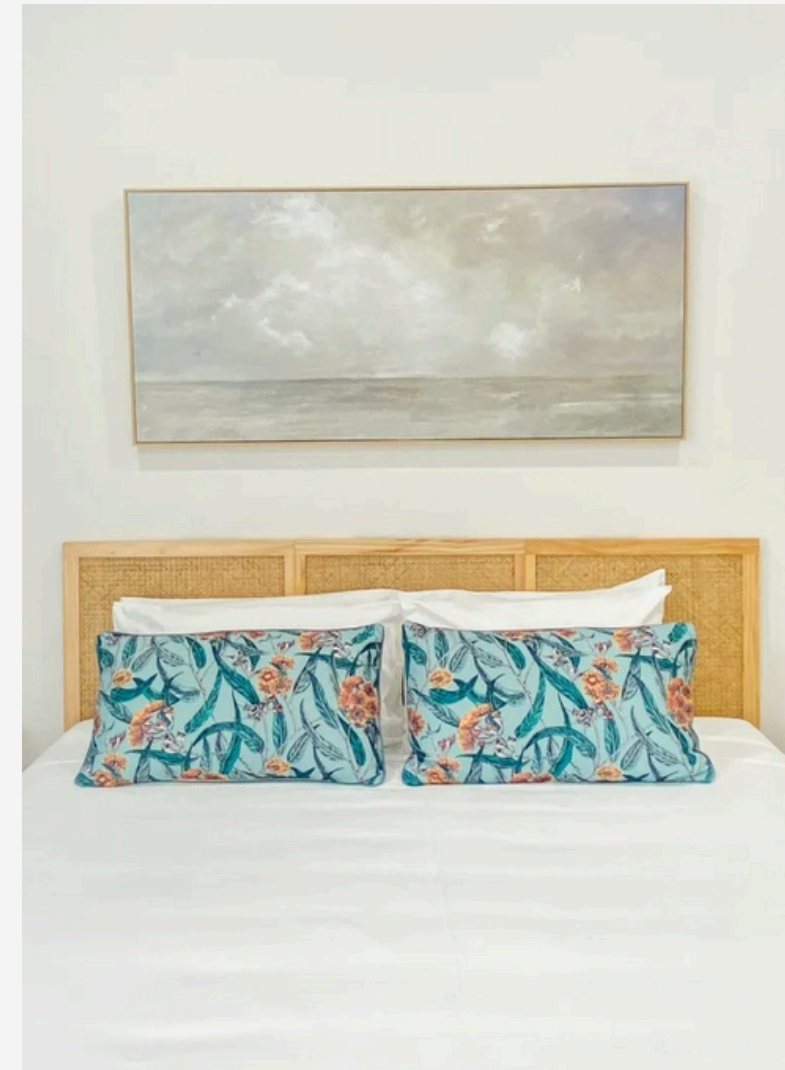
# Villa 2

## KING + ENSUITE

With no road between the front of your accommodation and the foreshore, you'll be able to watch the gentle waves from your inside living space and balcony areas - and even take advantage of the view from an outdoor rainwater shower.

**Private \$4330**

**Shared \$3160 each.** Ideal with your partner (shared bed)





# Hear what Erin had to say about her RETREAT EXPERIENCE

I am infinitely grateful to Wallis and her massoga crew for taking such good care of me on retreat. I stepped out of the linear time of the working world into the timelessness of self, connection with others and ancient practice. The layers of life tension and pressure of chronic doing fell away and made space for me to be the person I know myself to be. This kind of transcendence is only possible when someone keenly dedicated is working in plain sight as well as invisibly behind the scenes. Wallis has cultivated an experience built on intention, intuition and experience. She knows the care and work her guests need to be able to come to ground and to befriend, once again, the winter within.

I expected some nice nosh, lovely linen, some sweet massage and mat moves. What I got was a start-to-finish tailored experience brimming with uplifting messages, deep tissue release, seriously nutritious and toothsome meals with rich, interesting and hilarious conversation to match.

Wallis, Izzy (our chef) and Kurtu (our magic hands masseuse) all possess the vocational energy of people in the right work. It was inspirational to see the attention and fervour with which they each approached their roles. Wallis approached the retreat with authenticity and wholeheartedness, whether facilitating or just chatting over tea. The call to presence and stillness was all the more invitational because she modelled those behaviours so generously. Izzy blended ingredients with the wizardry of a healer and treated us to several courses each day. And Kurtu's methodical massage work was a craft of excellent communication, intuition and strength.

There is no energy, no healing like entering into an experience where everyone wants the best for you. I returned deeply rested, radiant, strong and grateful. Everyone deserves to feel this filled up.

~ Erin, Retreat Guest 2022

2024

# Reflections VILLAS

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Reflections are luxury beachside villas, a boutique complex of only 4 villas, designed exclusively for privacy and comfort. Each villa features a private courtyard with large temperature controlled plunge pool, king size bedroom suite, separate living pavilion, BBQ and views across Picnic Bay. Picnic Bay is an ideal village like destination for you to enjoy peace, tranquility and appreciate what Magnetic Island has to offer.



# FACILITIES + FEATURES

1 bedroom, 1 bathroom

Air Conditioning, Balcony, BBQ, Beachfront, Bedmakes, Big, Screen TV, Ceiling Fans, Clothes Dryer, Covered Outdoor, Area, Crockery and Cutlery, Dining Room, Dishwasher, Furniture Outdoor, Garden Area, Iron & Board, Kitchen, Laundry, Linen, Lounge, Microwave Oven, No Smoking, Rooms, Parking, Porch/Deck, Refrigerator, Shower, Smoke Detector, Stairs, Stove, Swimming Pool, Toaster, TV, Views, Washing Machine, Waterfront, Wi-Fi

*We stayed in this villa for four nights and it felt like paradise. The accommodation is very comfortable with fabulous views. Great to hear the waves as you sleep at night. The birdlife is active at dusk and during the night.*

**Guest @ Reflections Villas**

Your choice

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# FOR A CALMING NIGHTS SLEEP

## VILLA 1 ~ EMERALD

Each villa features a private courtyard with large temperature controlled plunge pool, and a king size bedroom suite. Privacy and comfort are at the essence of the Reflections Villas.

FROM \$3160

**Shared** \$3160 each. Ideal with your partner (shared bed)

**Private** \$4330

## VILLA 2 ~ TOPAZ

Each villa features a private courtyard with large temperature controlled plunge pool, and a king size bedroom suite. Privacy and comfort are at the essence of the Reflections Villas.

FROM \$3160

**Shared** \$3160 each. Ideal with your partner (shared bed)

**Private** \$4330

## VILLA 3 ~ AMBER

Each villa features a private courtyard with large temperature controlled plunge pool, and a king size bedroom suite. Privacy and comfort are at the essence of the Reflections Villas.

FROM \$3160

**Shared** \$3160 each. Ideal with your partner (shared bed)

**Private** \$4330

## VILLA 4 ~ TURQUOISE

Each villa features a private courtyard with large temperature controlled plunge pool, and a king size bedroom suite. Privacy and comfort are at the essence of the Reflections Villas.

FROM \$3160

**Shared** \$3160 each. Ideal with your partner (shared bed)

**Private** \$4330

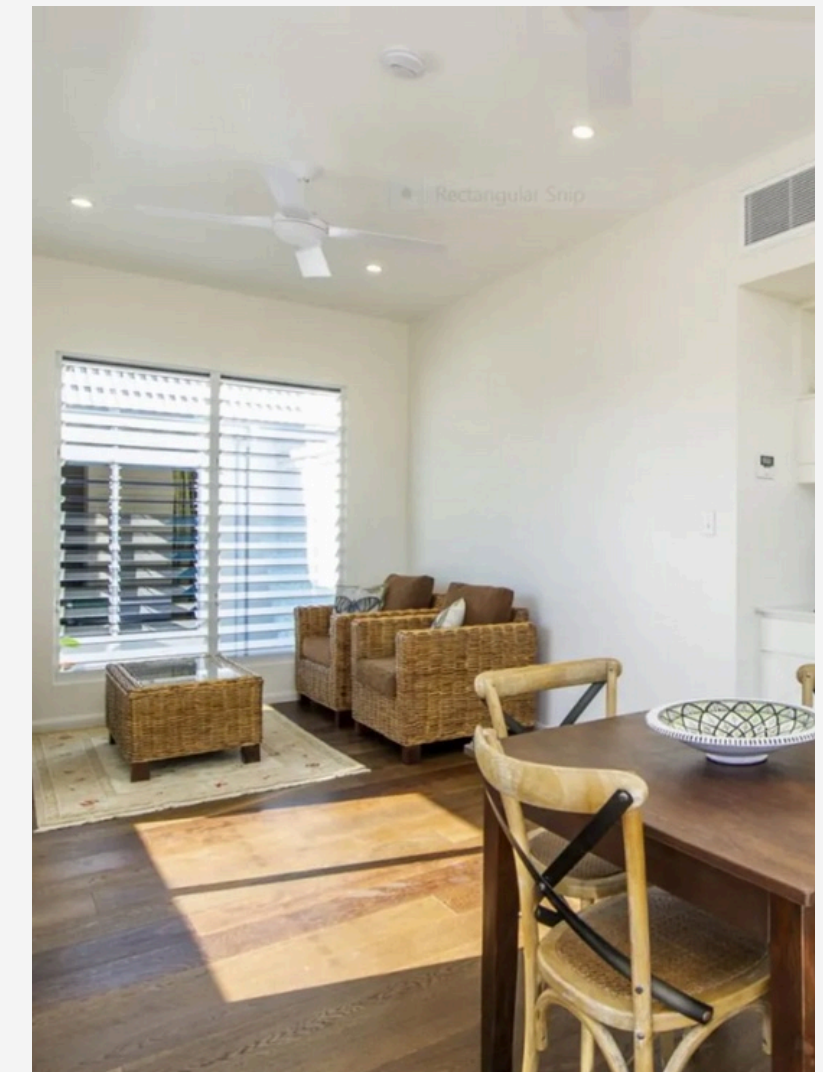
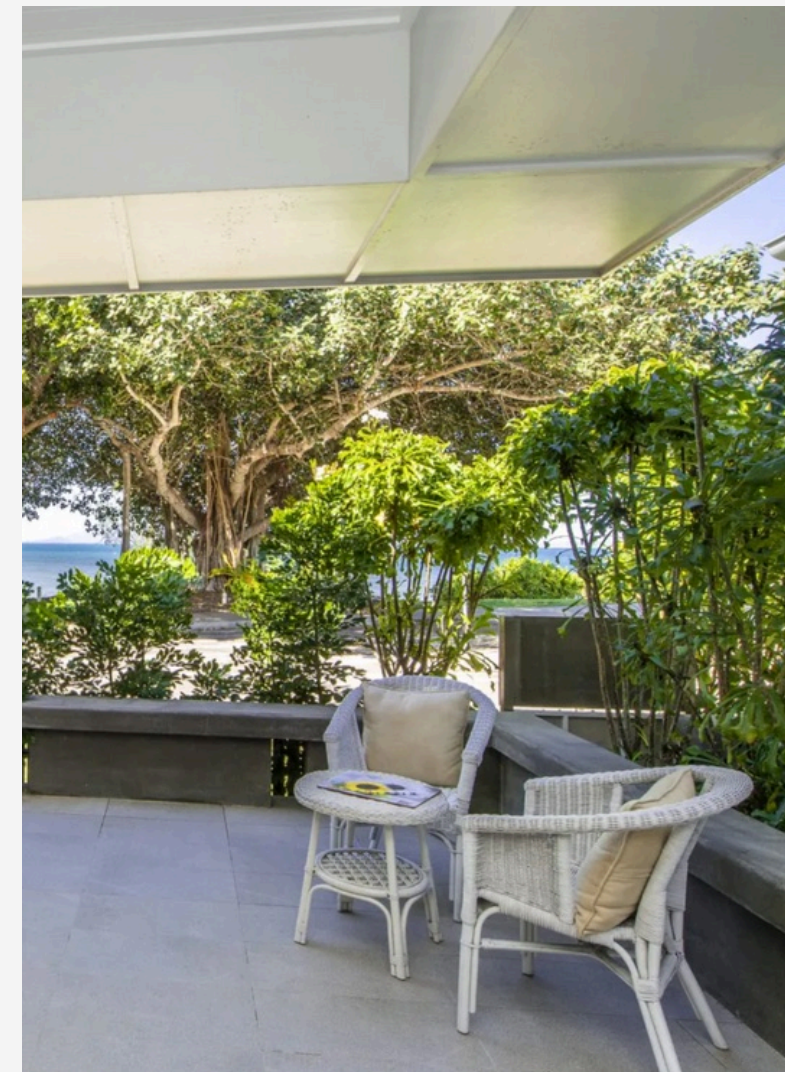
# Villa 1

## KING + ENSUITE

Reflections Emerald is the 1st villa in this boutique group of 4 private villas with views across Picnic Bay and the blue waters of the Coral Sea to the hills of Cape Cleveland hugging the horizon. Guests enjoy private courtyards with large temperature controlled plunge pools, king size bedroom suites, separate living pavilions, BBQs and views across the bay.

**Private \$4330**

**Shared \$3160 each.** Ideal with your partner (shared bed)



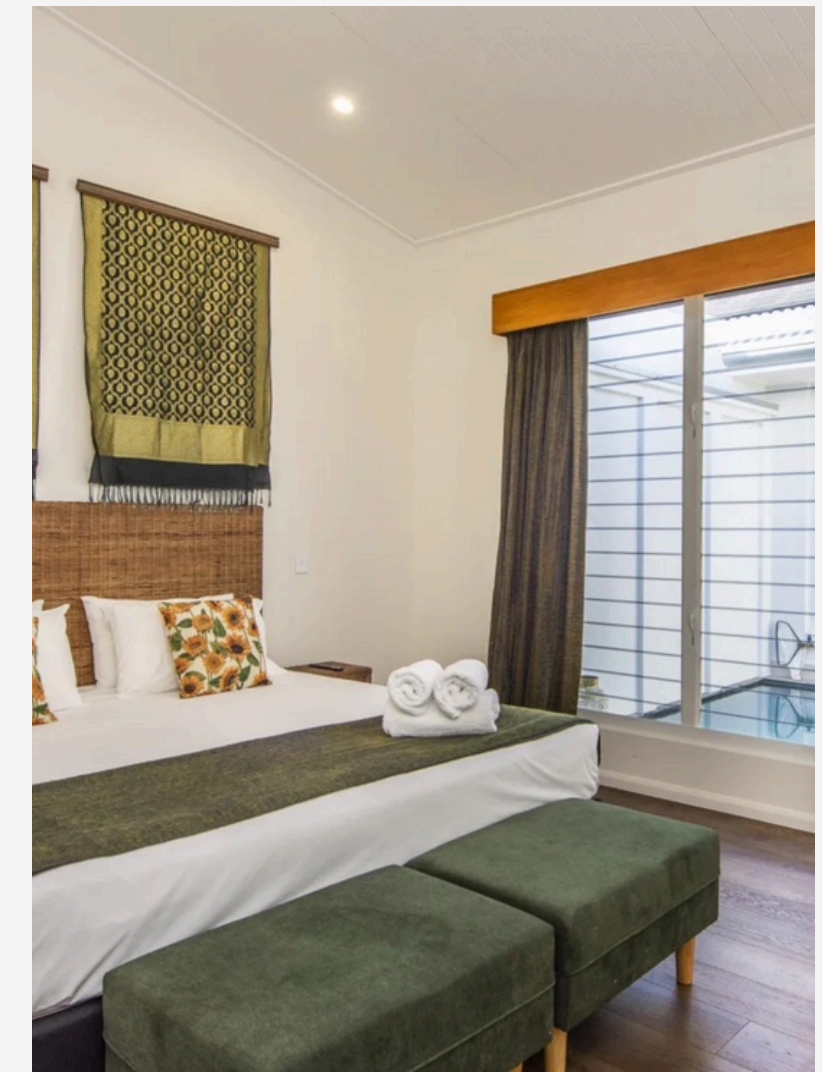
# Villa 2

## KING + ENSUITE

Reflections Topaz is the 2nd villa in this boutique group of 4 private villas with views across Picnic Bay and the blue waters of the Coral Sea to the hills of Cape Cleveland hugging the horizon. Guests enjoy private courtyards with large temperature controlled plunge pools, king size bedroom suites, separate living pavilions, BBQs and views across the bay.

**Private \$4330**

**Shared \$3160 each.** Ideal with your partner (shared bed)



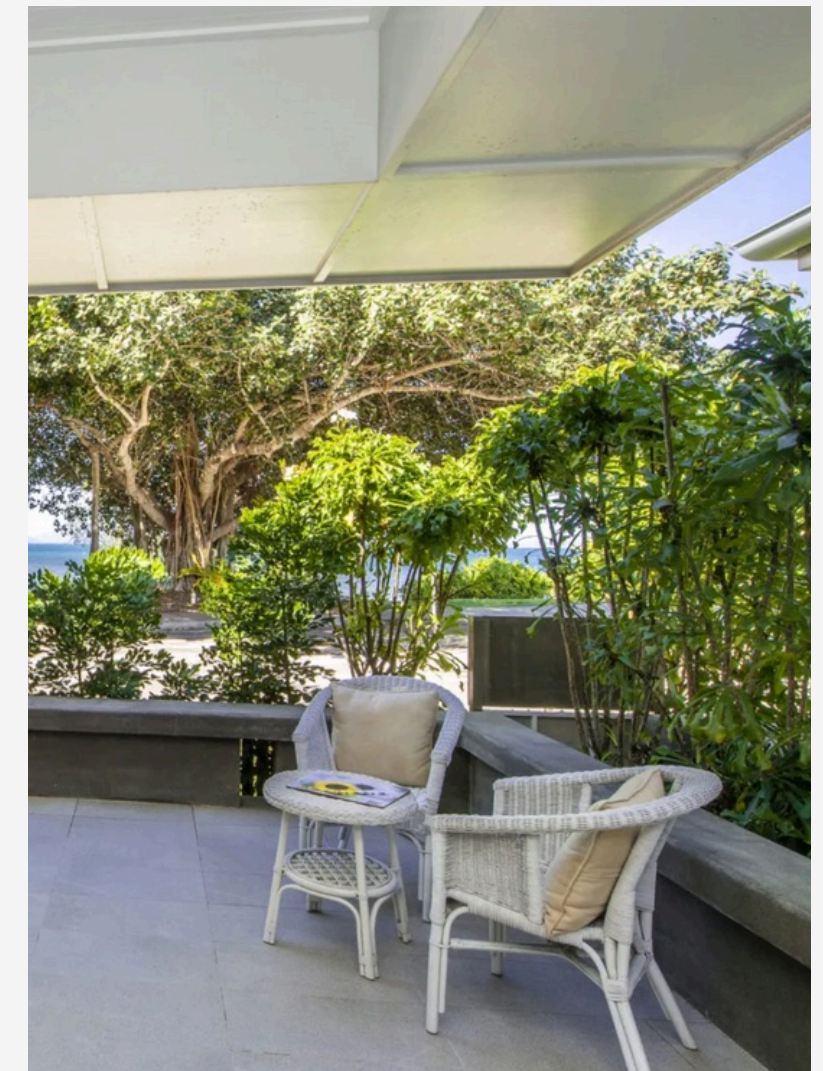
# Villa 3

## KING + ENSUITE

Reflections Amber is the 3rd villa in boutique group of 4 private villas with views across Picnic Bay and the blue waters of the Coral Sea to the hills of Cape Cleveland hugging the horizon. Guests enjoy private courtyards with large temperature controlled plunge pools, king size bedroom suites, separate living pavilions, BBQs and views across the bay.

**Private \$4330**

**Shared \$3160 each.** Ideal with your partner (shared bed)



# Villa 4

## KING + ENSUITE

Reflections Turquoise is the 4th villa in this boutique group of 4 private villas with views across Picnic Bay and the blue waters of the Coral Sea to the hills of Cape Cleveland hugging the horizon. Guests enjoy private courtyards with large temperature controlled plunge pools, king size bedroom suites, separate living pavilions, BBQs and views across the bay.

**Private \$4330**

**Shared \$3160 each.** Ideal with your partner (shared bed)





# Hear what Jess had to say about her RETREAT EXPERIENCE

The experience of Massoga on retreat is nothing short of five stars. What a privilege to experience being held by Wallis and the phenomenal retreat team not once, but twice. Travelling to Magnetic Island in both 2022 and 2023 gave me two different experiences, both of which were exactly what I needed.

My experience included bucketloads of rest together with nourishing and tasty food (thanks to the high vibe Sophia from Bloom Kitchen), amazing conversations with fellow retreat goers, daily yoga and meditation, swims and walks across such a special island. The jewel in the crown was definitely the 90 minute Massoga sessions, which take the nourishing rest and restoration of Yin yoga to the sublime with hands on massage. Absolute bliss.

2024

# Magnetic DAZE

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Enjoying absolute beach frontage on the stunning foreshore of Picnic Bay, this brand new 6 bedroom home has been designed perfectly for those who enjoy time in community on retreat. This brand new home is a new addition to the gated community that have pride of place on one of the few spots on Magnetic Island that the beachfront is at your doorstep and not a road. Picnic Bay is a very peaceful part of Magnetic Island. You will be transported to island time very quickly.

Magnetic Daze features 6 bedrooms, 2 ensuites plus 2 additional bathrooms, full kitchen and laundry facilities, fully air-conditioned, pool and off street parking in your own gated community. Enough space for all to relax.



# FACILITIES + FEATURES

6 bedrooms, 4 bathrooms

Air Conditioning, Balcony, Bath Tub, BBQ, Beachfront, Bedmakes, Big Screen TV, Ceiling Fans, Clothes Dryer, Covered Outdoor Area, Crockery and Cutlery, Dining Room, Dishwasher, Furniture Outdoor, Garden Area, Kitchen, Laundry, Linen, Lounge, Microwave Oven, No Smoking Rooms, Parking, Porch/Deck, Refrigerator, Shower, Smoke, Detector, Stove, Swimming Pool, Toaster, TV, Views, Washing Machine, Waterfront

*“House is immaculate and brand new. Fantastic patio with a table that everyone can fit around is the perfect place to sit, eat and talk the day/night away all with a great ocean view and the pool two steps away.”*

Guest @ Magnetic Daze

Your choice

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# FOR A CALMING NIGHTS SLEEP

## ROOM 1

Queen Bed + Ensuite  
situated upstairs

**FROM \$2560**

**Shared** \$2560 each.  
Ideal with your  
partner (shared bed)

**Private** \$2960

## ROOM 2

Queen Bed + Shared  
Bathroom situated  
upstairs.

**FROM \$2660**

**Private** \$2660  
No sharing option  
available for this  
room

## ROOM 3

Twin Beds with  
Shared Bathroom  
situated upstairs

**FROM \$2460**

Single Bed in **Shared**  
Room of Two  
\$2460 each

## ROOM 4

Queen Bed + Ensuite  
situated downstairs

**FROM \$2560**

**Shared** \$2560 each.  
Ideal with your  
partner (shared bed)

**Private** \$2960

## ROOM 5

Queen Bed with  
Shared Bathroom  
situated downstairs

**FROM \$2660**

**Private** \$2660  
No sharing option  
available for this  
room

## ROOM 6

Twin Beds with  
Shared Bathroom  
situated downstairs

**FROM \$2460**

Single Bed in **Shared**  
Room of Two  
\$2460 each

# Room 1 QUEEN + ENSUITE

Magnetic Daze features 6 bedrooms, 2 ensuites plus 2 additional bathrooms, full kitchen and laundry facilities, fully air-conditioned, pool and off street parking in your own gated community. Enough space for all to relax.

**Private** \$2960

**Shared** \$2560 each. Ideal with your partner (shared bed)



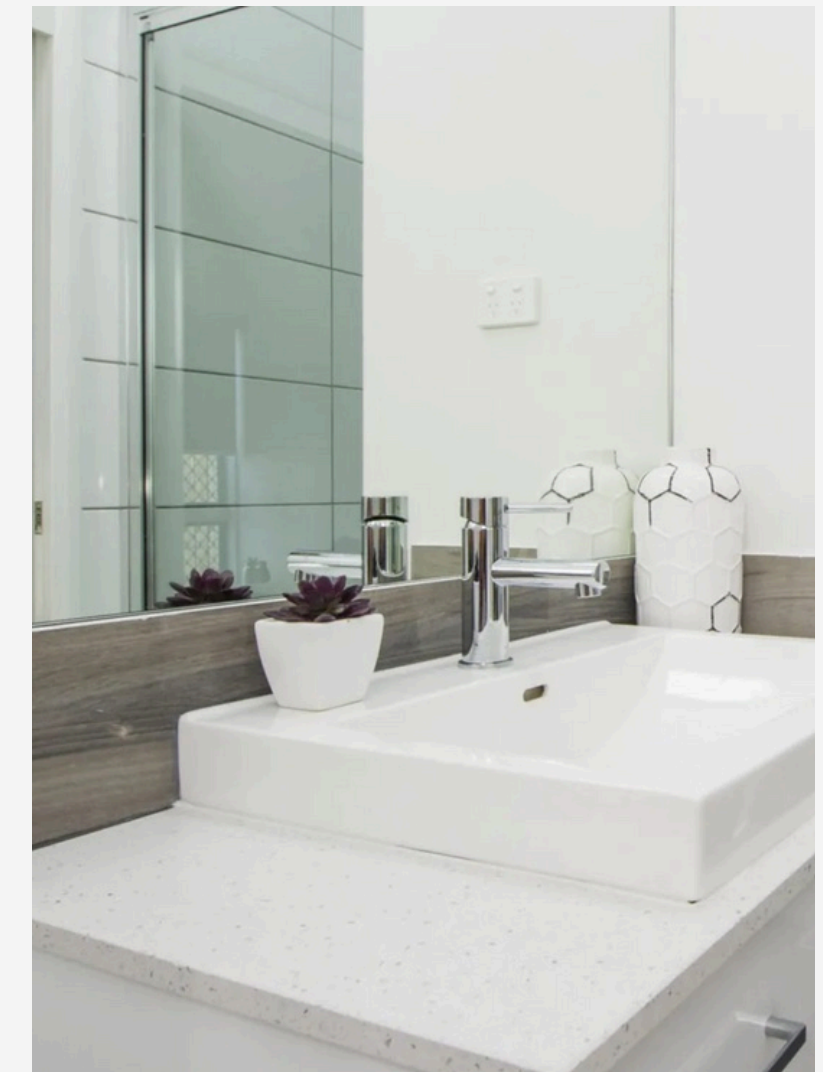
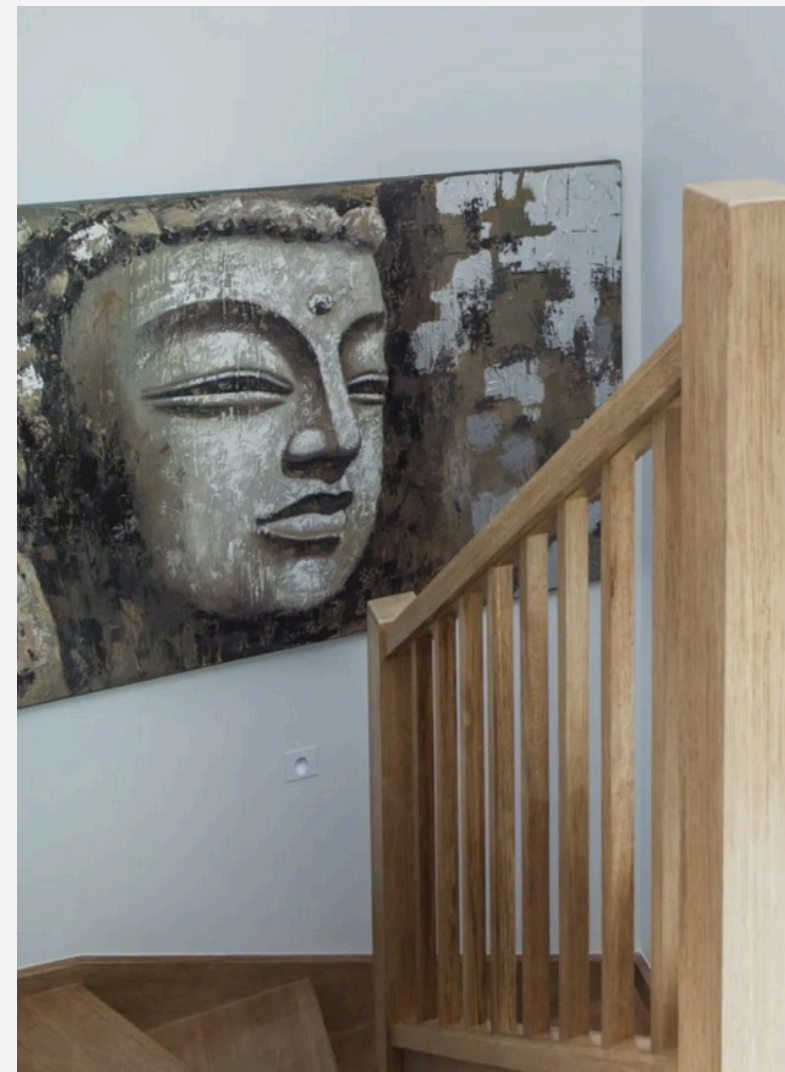
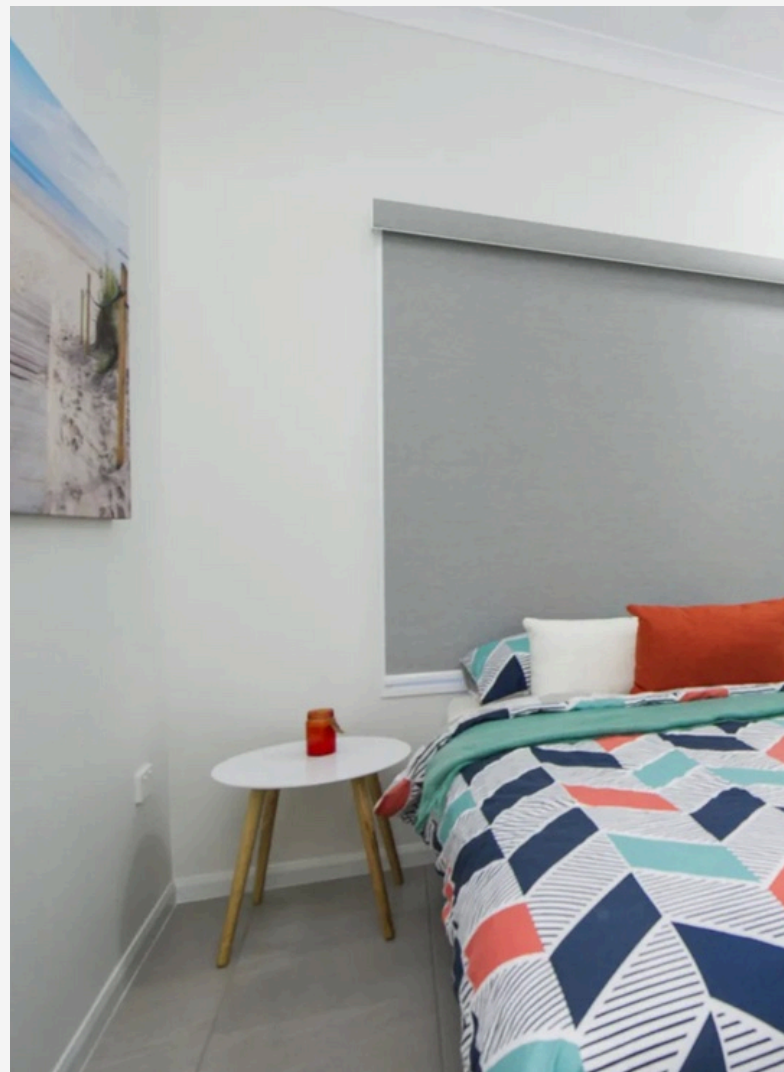
# Room 2

## QUEEN BED + SHARED BATH

Magnetic Daze features 6 bedrooms, 2 ensuites plus 2 additional bathrooms, full kitchen and laundry facilities, fully air-conditioned, pool and off street parking in your own gated community. Enough space for all to relax. This room shares a bathroom with another room, and can be booked by one or two people.

**Private \$2860**

**Shared \$2460**

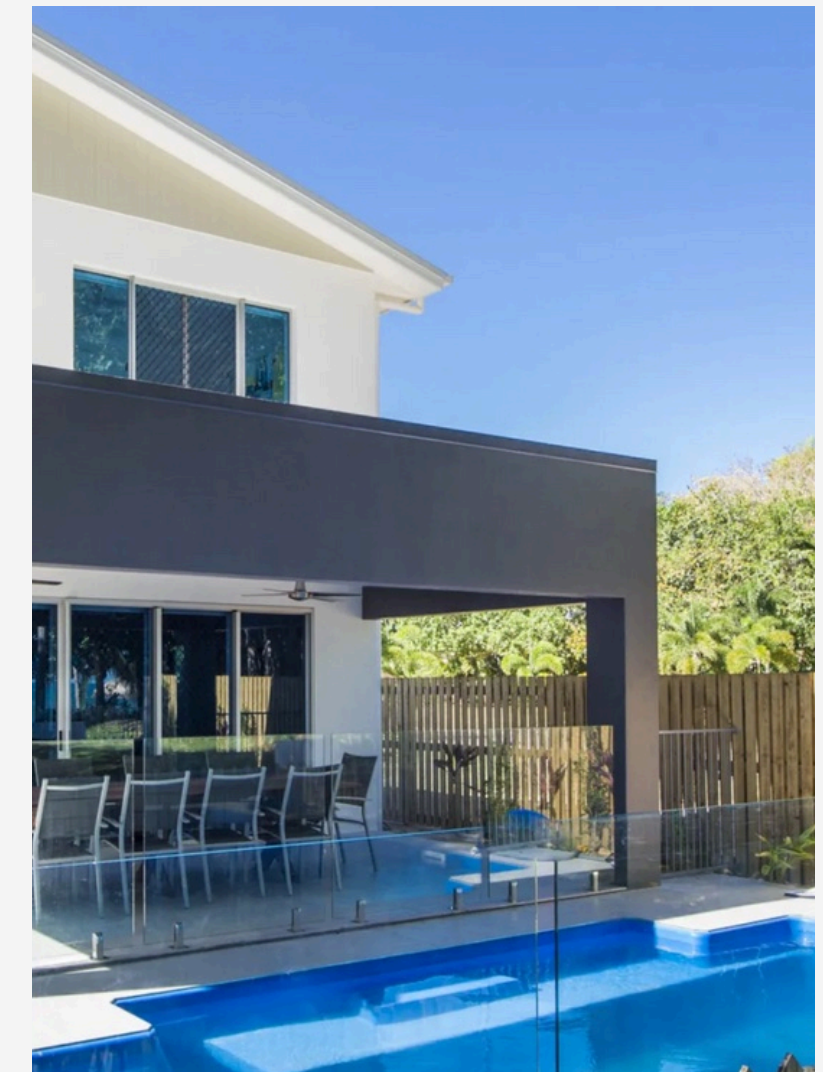
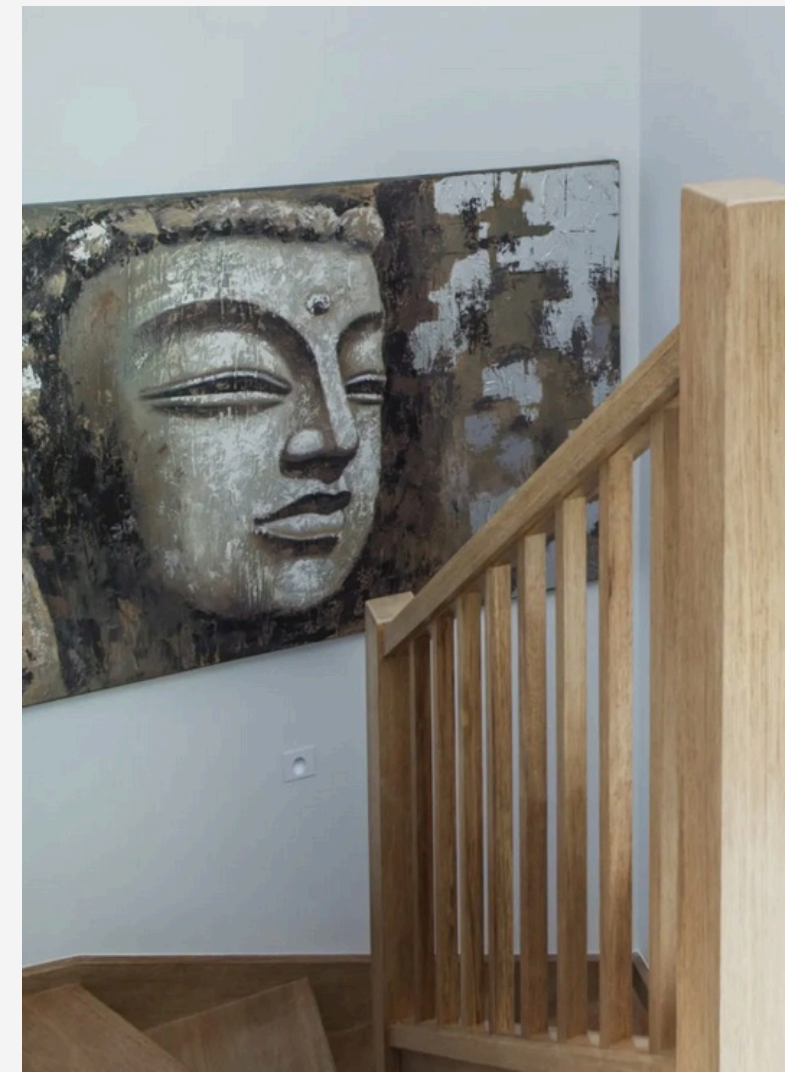


# Room 3

## TWIN BEDS + SHARED BATH

Magnetic Daze features 6 bedrooms, 2 ensuites plus 2 additional bathrooms, full kitchen and laundry facilities, fully air-conditioned, pool and off street parking in your own gated community. Enough space for all to relax.

**Shared** \$2460 each. Single Bed in a room of 2 single beds.

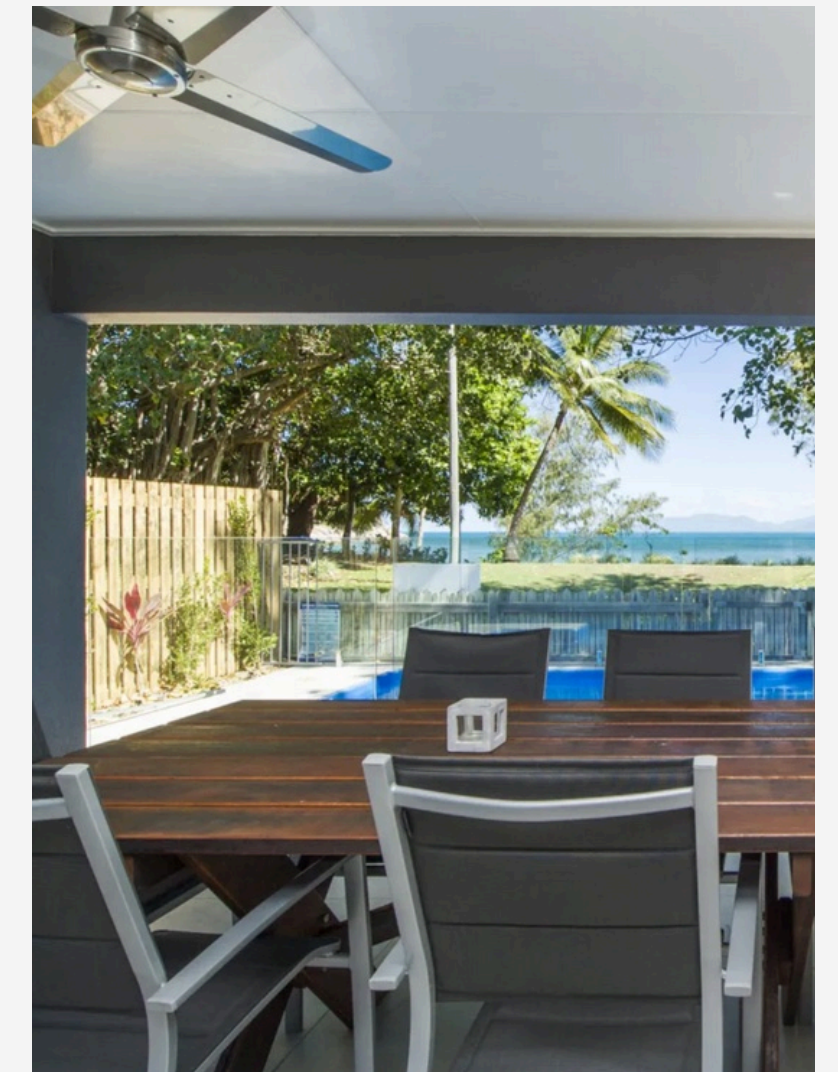
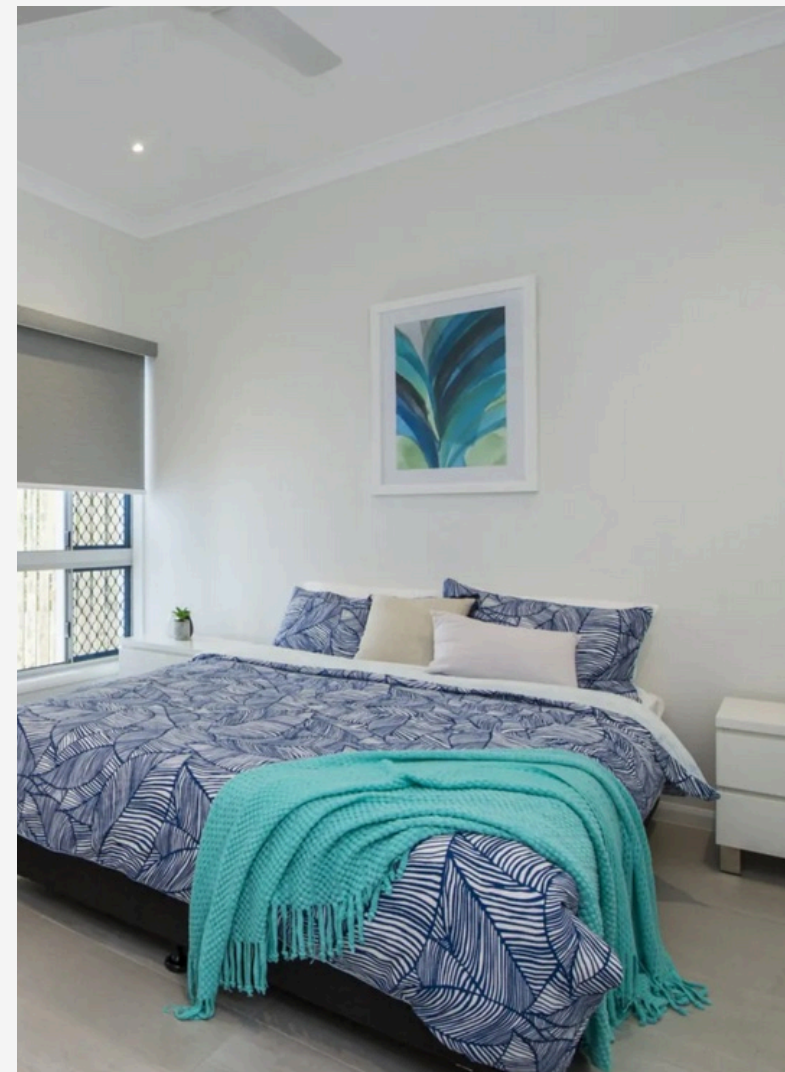


# Room 4 QUEEN + ENSUITE

Magnetic Daze features 6 bedrooms, 2 ensuites plus 2 additional bathrooms, full kitchen and laundry facilities, fully air-conditioned, pool and off street parking in your own gated community. Enough space for all to relax.

**Private** \$2960

**Shared** \$2560 each. Ideal with your partner (shared bed)





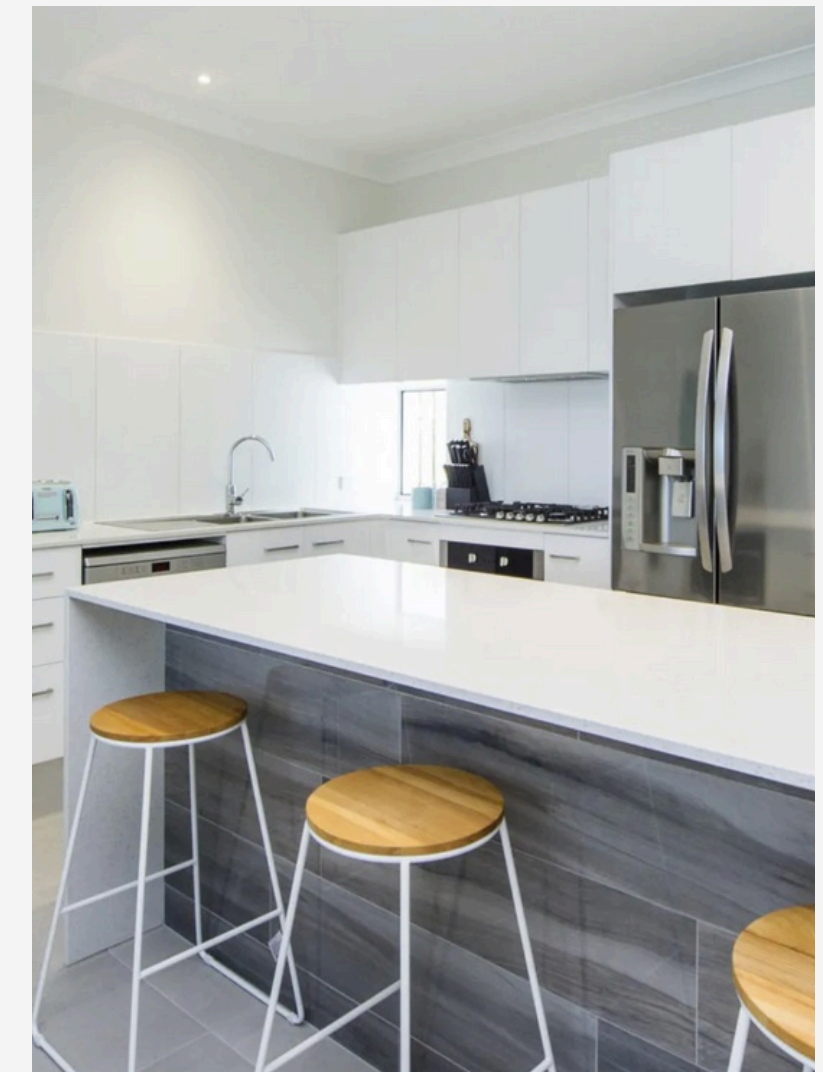
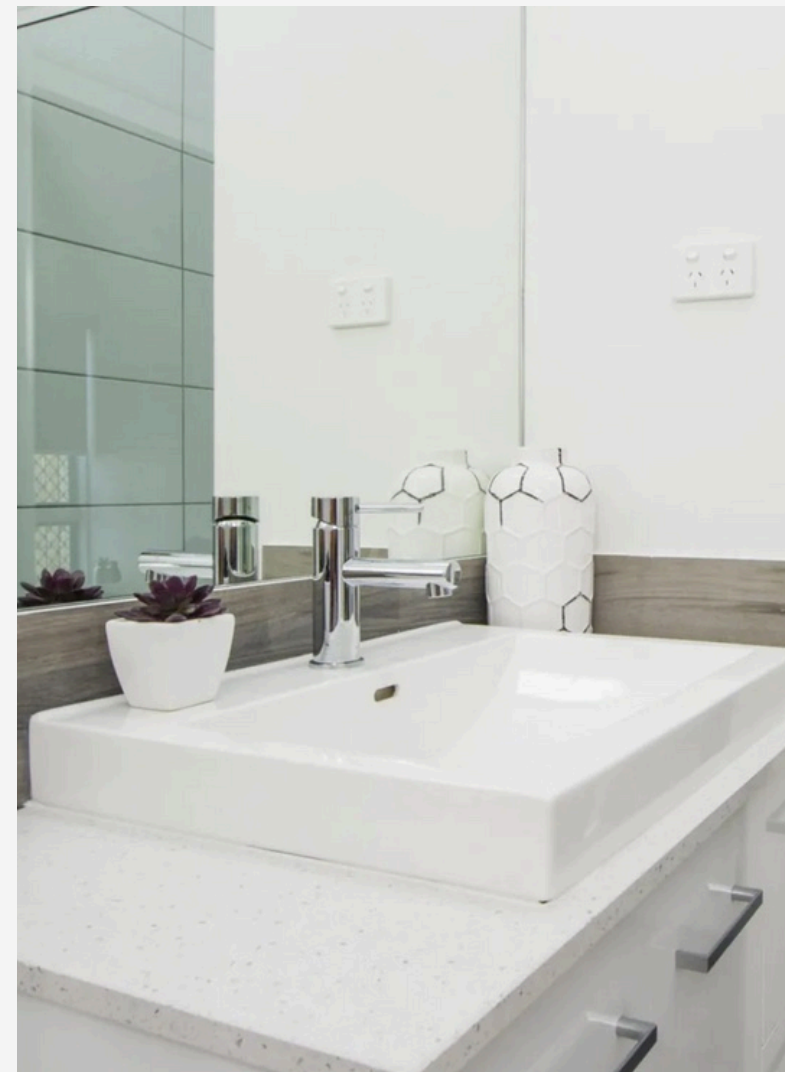
# Room 5

## QUEEN BED + SHARED BATH

Magnetic Daze features 6 bedrooms, 2 ensuites plus 2 additional bathrooms, full kitchen and laundry facilities, fully air-conditioned, pool and off street parking in your own gated community. Enough space for all to relax. This room shares a bathroom with another room, and can be booked by one or two people.

Private \$2860

Shared \$2460

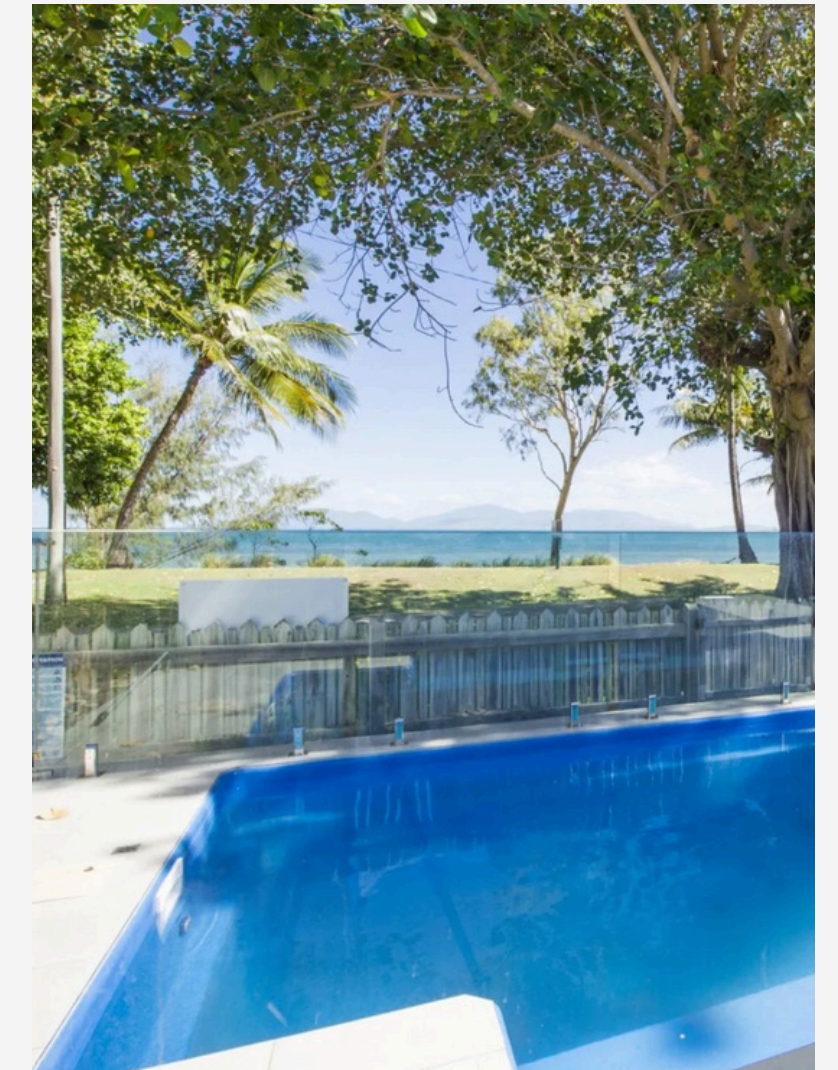
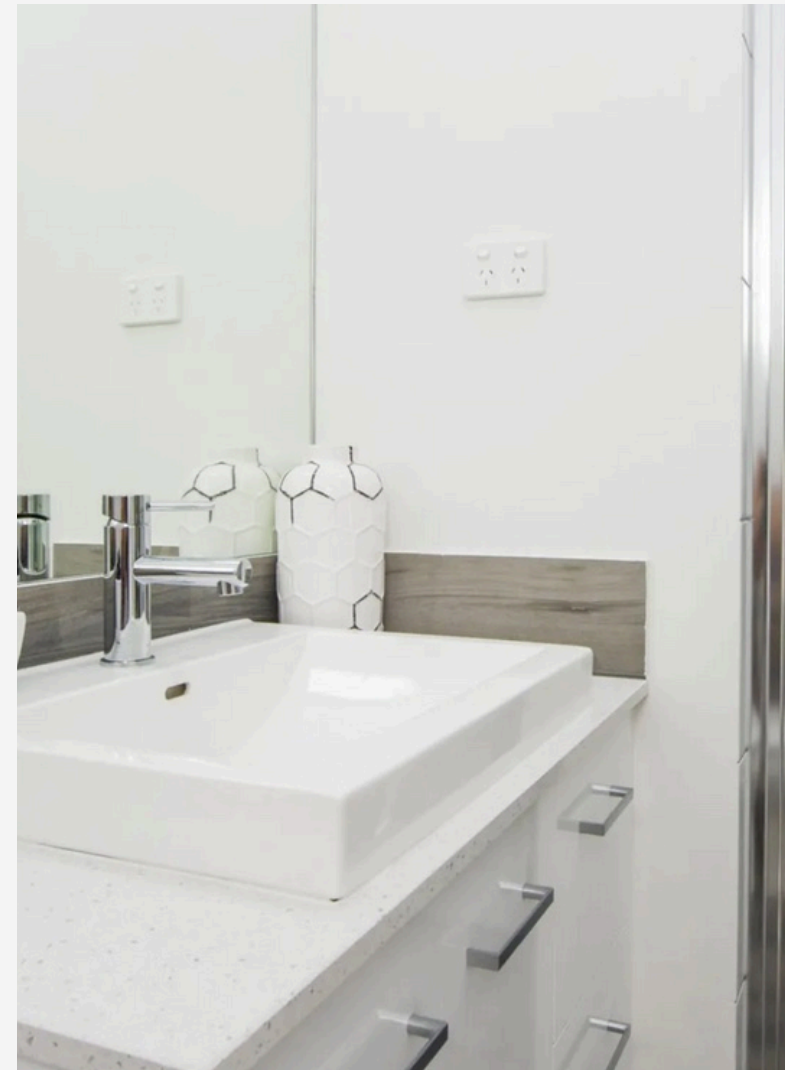


# Room 6

## TWIN BEDS + SHARED BATH

Magnetic Daze features 6 bedrooms, 2 ensuites plus 2 additional bathrooms, full kitchen and laundry facilities, fully air-conditioned, pool and off street parking in your own gated community. Enough space for all to relax.

**Shared** \$2460 each. Single Bed in a room of 2 single beds.



# Serenity

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The one and two bedroom units have everything you will need for a comfortable stay on the serene tropical island, Magnetic Island. Fully equipped with wifi, Smart TV, fully air conditioned, and a private patio. These stylish units feature open living and dining and your own kitchenette to give you all the comforts of home. Serenity features 6 apartments, 2 apartments are two bedroom, and 4 are one bedroom. There is a lounge in each fully air-conditioned apartment with plenty of space to relax, shared laundry facilities, pool and off street parking.



# FACILITIES + FEATURES

6 apartments

Air Conditioning, Ceiling Fans, Communal Pool, Crockery and Cutlery, Dining Room, Garden Area, Kitchen, Laundry, Linen, Lounge, Microwave Oven, No Smoking Rooms, Parking, Refrigerator, Shower, Stove, Swimming Pool, Toaster, Washing Machine, Wi-Fi

*"Loved my stay here. Apartment was very clean and comfortable. Will definitely return again"*

Guest @ Serentiy

Your choice

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# FOR A RELAXING NIGHTS SLEEP

## VILLA 1

1 Bedroom  
King Bed + Bathroom

**FROM \$2460**

**Shared \$2460 each.**  
Ideal with your  
partner or best friend  
(shared bed)

**Private \$2960**

## VILLA 2

2 Bedroom  
Room 1 Queen Bed  
Room 2 Twin Share  
Shared Bathroom.

**FROM \$1970**

**Queen Bed with  
shared bathroom**  
\$2560

**Twin Share** Single  
Bed in shared Room  
of Two with Shared  
Bathroom  
\$1970 each

## VILLA 3

2 Bedroom  
Room 1 Queen Bed  
Room 2 Twin Share  
Shared Bathroom.

**FROM \$1970**

**Queen Bed with  
shared bathroom**  
\$2560

**Twin Share** Single  
Bed in shared Room  
of Two with Shared  
Bathroom  
\$1970 each

## VILLA 4

1 Bedroom  
King Bed + Bathroom

**FROM \$2460**

**Shared \$2460 each.**  
Ideal with your  
partner or best friend  
(shared bed)

**Private \$2960**

## VILLA 5

1 Bedroom  
King Bed + Bathroom

**FROM \$2460**

**Shared \$2460 each.**  
Ideal with your  
partner or best friend  
(shared bed)

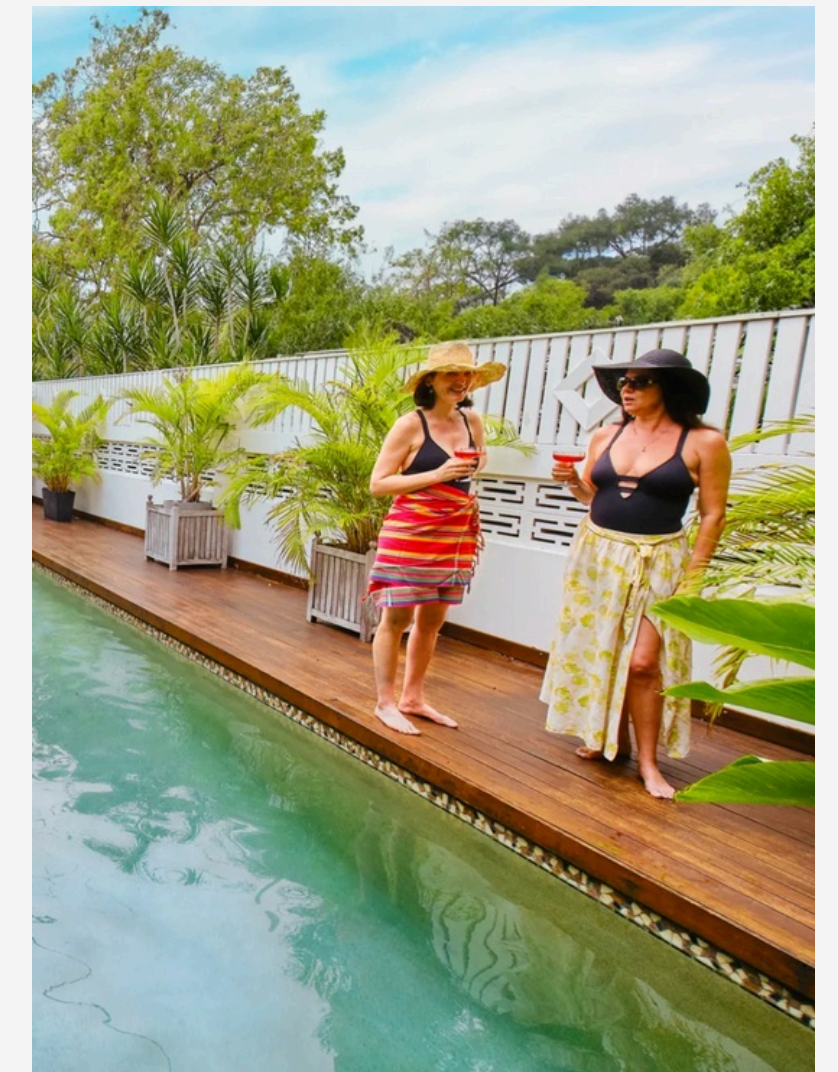
**Private \$2960**

# Apt 1, 4 & 5 KING BED

These stylish units feature open living and dining and your own kitchenette to give you all the comforts of home. Serenity features 6 apartments, 2 apartments are two bedroom, and 4 are one bedroom. The King apartments have 1 bedroom with a king bed and a bathroom off the lounge area.

**Private \$2960**

**Shared \$2460**

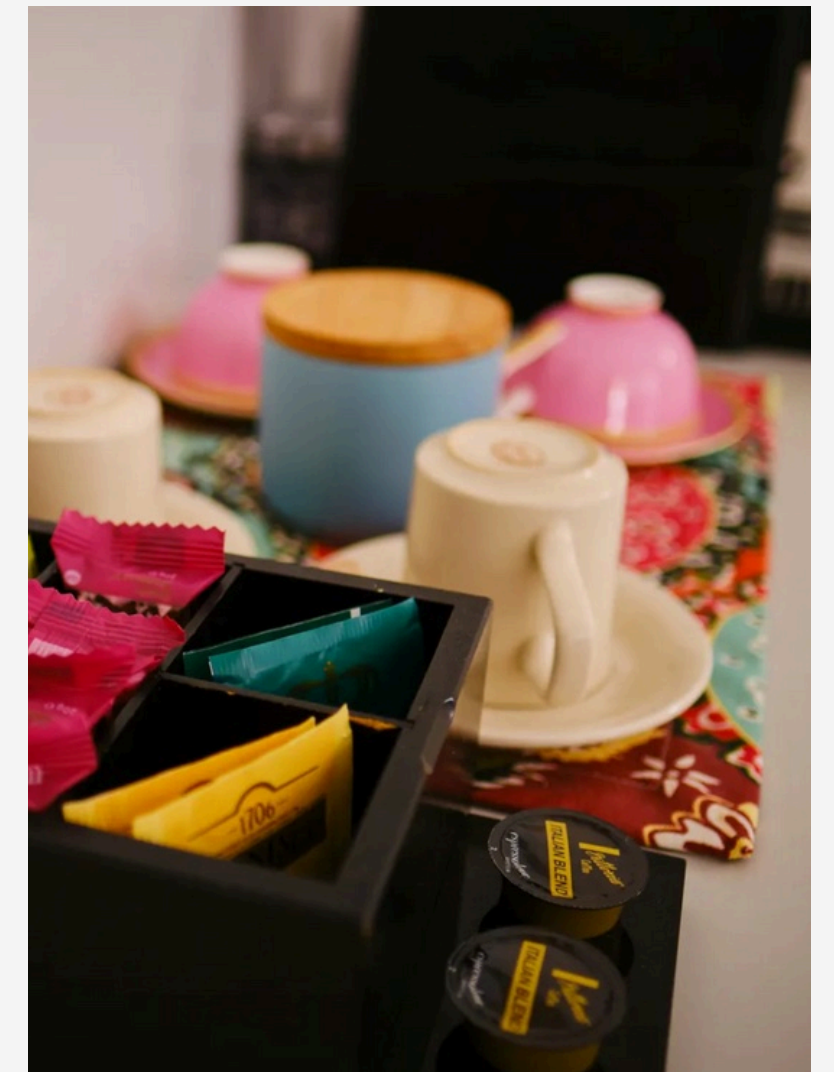
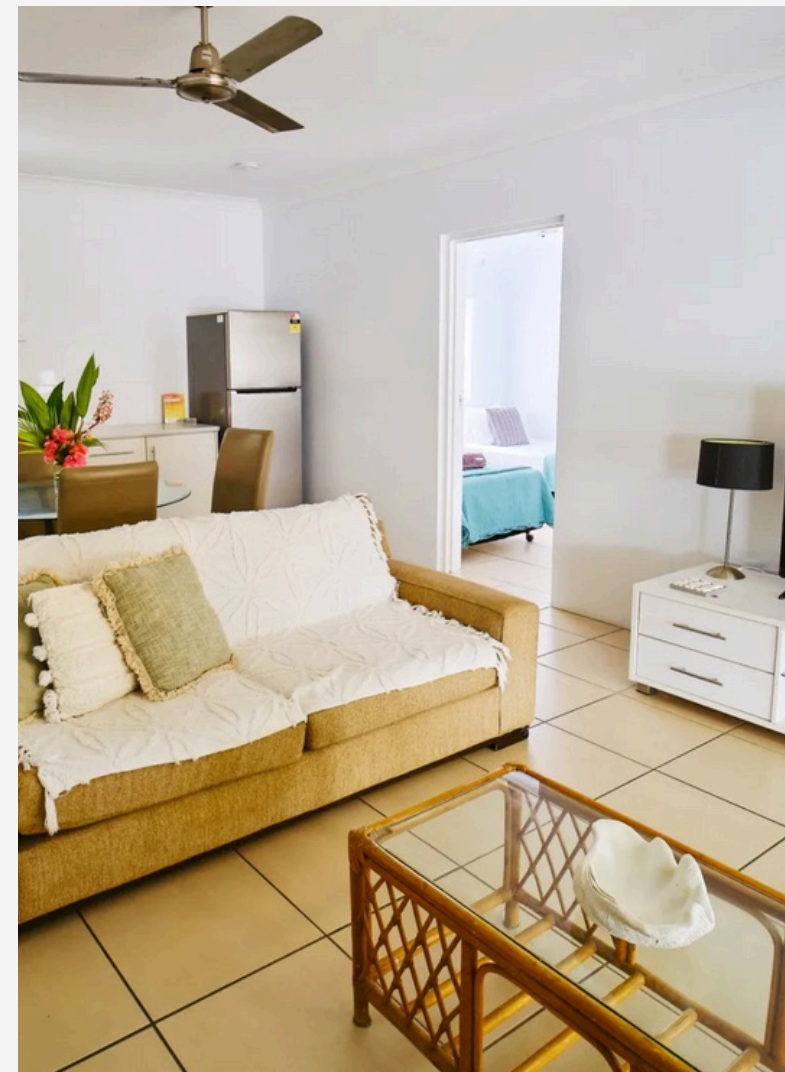


# Apt 2 & 3 QUEEN BED & TWIN BEDS SHARED BATH

These stylish units feature open living and dining and your own kitchenette to give you all the comforts of home. Serenity features 6 apartments, 2 apartments are two bedroom, and 3 are one bedroom. The 2 bedroom apartments have one queen room and one twin share room, and one shared bathroom off the lounge area.

**Private** \$2560

**Shared** \$1970 each. Single Bed in a room of 2 single beds.



# TERMS<sup>+</sup> CONDITIONS

Please be advised;

- Deposit payments for retreat are non-refundable.
- Payments for your retreat are fully transferable to an alternative retreat date within 12 weeks notice.
- Your package must be paid in full within 12 weeks of your retreat date.
- In the event of contracting Covid-19 within 5 days of your retreat date, you will not be able to attend the retreat. We will endeavour to transfer you to an alternative retreat date. Medical proof of your covid status is required.
- Massoga<sup>®</sup> Pty. Ltd. will endeavour to maintain the retreat package as advertised. If events outside of the organiser's control should arise, they retain the right to make any room, date, location, and or schedule changes with limited notice.



# INCLUSIONS + EXCLUSIONS

Retreat packages include the following;

- 5 nights in accommodation in Picnic Bay, Magnetic Island
- 4 x Massoga® Massage Yoga practices, a restorative yin yoga combined with massage for the most relaxed you will ever feel
- Daily Slow Yoga, a Hatha practice to challenge the body gently with movement. Strength and conditioning offered with modifications, and no yoga experience necessary.
- Daily Mindful Meditation, a seated practice to encourage clarity, awareness and presence
- Welcome drink (non-alcoholic)
- 2 main meals and light breakfast prepared by our in house private chef, imbuing passion and love into all they create.
- Water, tea, coffee and snacks served throughout the day
- Free transfers from the nearby Ferry Terminal
- Wifi connection
- Specialised workshops
- Pre and post retreat support from our team

Your retreat package does not include the following;

- International or domestic Flights to/within Australia are not included.
- Travel Insurance. It is highly recommended you take out travel insurance
- Any medical expenses that occur on, before or after retreat
- Alcoholic beverages are not supplied on retreat
- Additional private treatments including; massage, facial, yoga, acupuncture, other body work are not included in your retreat package. Treatments can be booked separately.

*We can't wait to meet you!*  
MASSOGGA<sup>®</sup> RETREATS

2024



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