

Massoga[®] Retreats
MAGNETIC ISLAND

2024

Magnetic Island

THE LOCATION

Magnetic Island, nestled off the coast of Queensland, Australia, offers an enchanting escape that leaves an indelible mark on every visitor. Stepping onto its shores feels like entering a tropical haven where time slows down and worries dissipate. The island's verdant landscapes, rimmed by pristine beaches and sparkling waters, create a captivating setting for adventure and relaxation.

Hiking trails like the Forts Walk wind through lush forests, leading to World War II-era fortifications and vantage points that afford breathtaking panoramic views of the Coral Sea. The island's diverse wildlife, including its iconic rock wallabies, adds an element of wonder to these explorations.

Sinking your toes into the powdery sands of Horseshoe Bay or secluded Alma Bay, you'll find serenity in the gentle lull of the waves. Snorkeling and diving in the Great Barrier Reef Marine Park's nearby waters reveal a vibrant underwater universe brimming with colorful corals and marine life.

The island's laid-back atmosphere is reflected in its charming communities, with local markets, waterfront dining, and friendly residents welcoming you with open arms. Magnetic Island's magnetic allure extends beyond its name, captivating travelers with an experience that lingers in memory long after the journey ends.

ACCOMMODATION + PRICING 2024

Each property has been carefully selected to ensure you can enjoy as much time as you need solo for deep rest, and to provide opportunities for shared time to connect at the main house where we will enjoy meals and all activities. All properties are within a 5 minute walk of each other in Picnic Bay, Magnetic Island.

Luxury

ACCOMMODATION

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The PAVILIONS

The Pavilions is a spectacular home with amazing Coral sea views. Designed with privacy and luxury in mind. this home is ideal for people who are seeking a retreat, peace, tranquility, to getaway... Set on an exclusive headland on beautiful Magnetic Island. The Pavilions is an elegant and spacious 'smart' home with touch button sophistication set amid carefully selected & beautifully arranged furnishings. This home is for people seeking somewhere special.



FACILITIES + FEATURES

4 bedrooms, 3 bathrooms

Air Conditioning, Balcony, Bathroom, Bath Tub, Coffee Machine, Crockery and Cutlery, Furniture Outdoor, Garden Area, Kitchen, Laundry, Linen, Lounge, Microwave Oven, Shower, Stairs, Stove, Swimming Pool, Toaster, Views, Washer/Dryer, Wi-Fi.

"There is nothing like The Pavilions on the Island."

Guest @ The Pavilions

Your choice

FOR A LUXURIOUS NIGHTS SLEEP

MASTER SUITE

This is the superior suite on retreat. With views from your bathtub over the ocean, and a large private deck to lounge on you will feel like you're in heaven.

FROM \$3760

Shared \$3760 each. Ideal with your partner (shared bed)

Private \$4630

QUEEN + ENSUITE

This room sits in the main house with direct access to the pool deck. You have a balcony and private bathroom with shower.

FROM \$3160

Shared \$3160 each. Ideal with your partner (shared bed)

Private \$4310

QUEEN + SHARED BATH WITH BALCONY

This room with small balcony looks out onto the natural surrounds, with glimpses of the ocean. You share a bathroom with shower with the other queen room across the hall.

FROM \$2960

Shared with balcony \$2960 each. deal with your partner (shared bed)

Private with balcony \$3770

QUEEN + SHARED BATH

This room looks out onto the beautiful gardens filled with the iconic boulders of Magnetic Island. You share a bathroom with shower with the other queen room across the hall.

FROM \$2860

Shared \$2860 each. Ideal with your partner (shared bed)

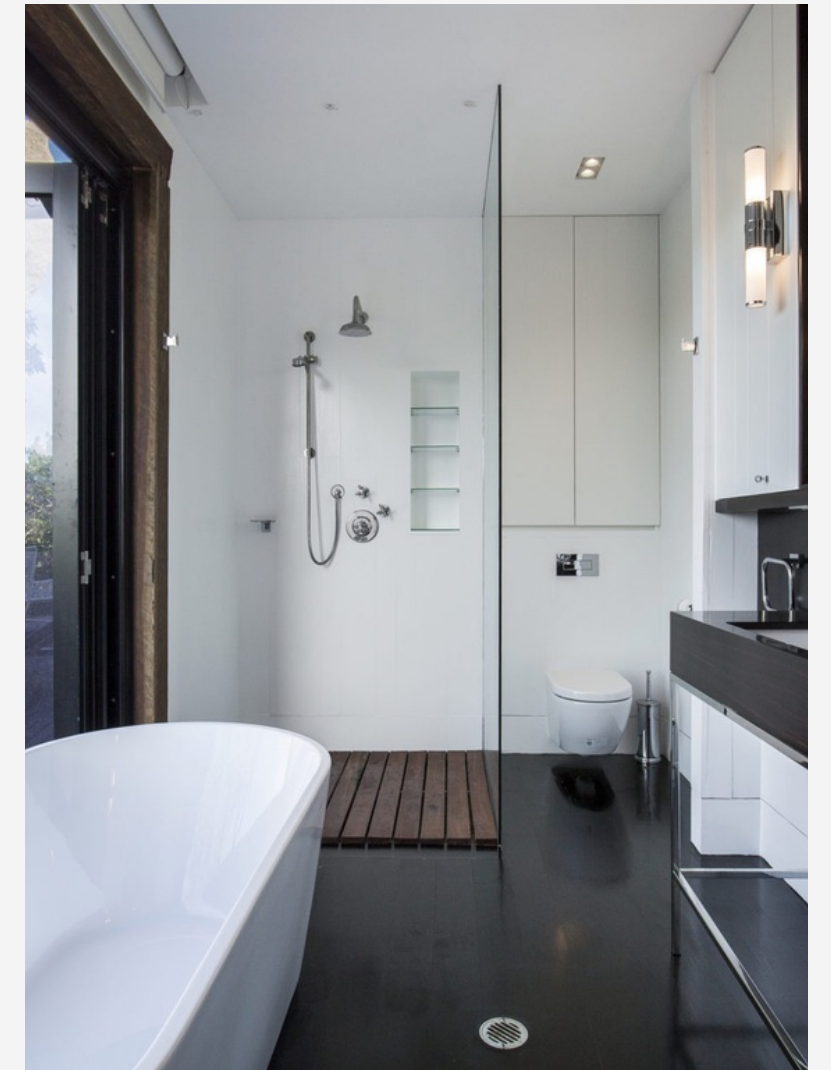
Private \$3670

Master + ENSUITE

This room has a Queen Size bed and an exquisite ensuite with bath that looks out to ocean views. With by-folding doors out onto your own private deck you will feel a world away from everywhere in this luxurious room.

Private \$4630
(bed)

Shared \$3760 each. Ideal with your partner (shared bed)

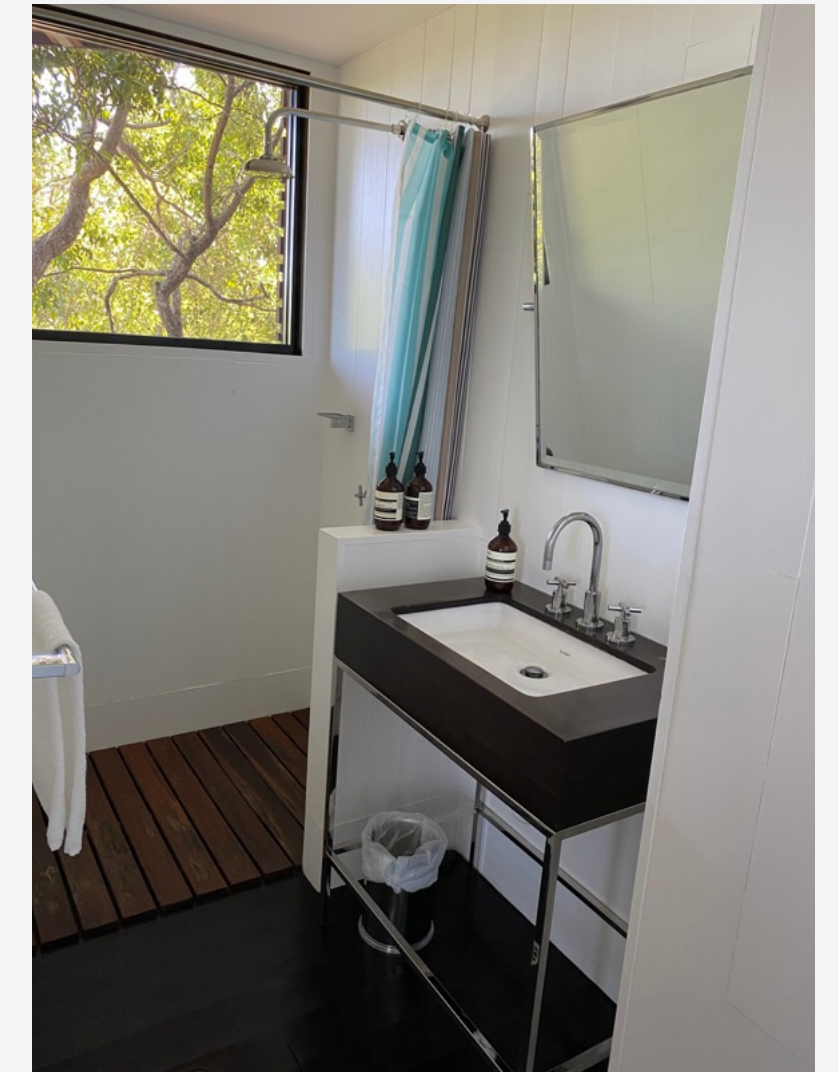


Queen + ENSUITE

Positioned in the main house this room has an ensuite and a balcony. It opens onto own private study giving you ample room to spread out. It is ideal for someone who enjoys time to write or draw in the study that looks out on to the unique landscape of boulders.

Private \$4310
bed)

Shared \$3160 each. Ideal with your partner (shared bed)



Queen + SHARED BATHROOM

Both Queen size beds with share a bathroom in the exquisite Pavilions accommodation. One room has a balcony that looks out onto the unique Magnetic Island flora.

Private with balcony \$3770
Private \$3670

Shared with balcony \$2960 each. Ideal with your partner (shared bed)
Shared \$2860 each. Ideal with your partner (shared bed)



Why Retreat WITH MASSOGA®

Embarking on a Massoga® retreat is a transformative journey that offers a multitude of benefits, making it a compelling choice for anyone seeking to rejuvenate their body and soul. Going on a retreat allows you to acknowledge that you deserve this time of self-care and introspection. In our fast-paced lives, it's easy to neglect our own needs, but a retreat reminds you to prioritize self-nurture. You are granting yourself the precious gift of time – time to delve deep within yourself and contemplate your true desires. It's a space where you can reflect on your aspirations and practice them without the distractions of daily life.

Retreats provide an opportunity to cultivate and refine your yoga and mindfulness practices. Whether you're a seasoned yogi or a beginner, you can explore and deepen your practice in a supportive and serene environment. One of the most enriching aspects of a yoga retreat is the sense of community. Surrounded by like-minded individuals, you'll find inspiration and connection as you share your journey toward self-discovery and growth. A retreat takes the stress out of planning a holiday. Every detail is meticulously organized for you, allowing you to fully immerse yourself in the experience. From accommodations to meals and activities, all you need to do is relax and embrace the journey.

The care and nurturing provided by a Massoga® Retreat are unparalleled. It's a space where you're pampered and supported, leaving you feeling revitalized, balanced, and ready to face the world with renewed energy and clarity. In sum, a yoga retreat is a holistic experience that nourishes your body, mind, and spirit, making it a truly worthwhile endeavor for anyone seeking personal growth and well-being.

2024

Rock Salt VILLAS

Situated on the foreshore at Picnic Bay, Rock Salt is an adults only complex of two x one-bedroom villas has everything you need for a relaxing getaway. The king-sized bed will ensure you sleep soundly at night, and the solar heated pool looking towards the beach will keep you cool during the day. With no road between the front of your accommodation and the foreshore, you'll be able to watch the gentle waves from your inside living space and balcony areas - and even take advantage of the view from an outdoor rainwater shower.



FACILITIES + FEATURES

1 bedroom, 1 bathroom

Air Conditioning, Balcony, BBQ, Beachfront, Bedmakes, Big, Screen TV, Ceiling Fans, Clothes Dryer, Covered Outdoor, Area, Crockery and Cutlery, Dining Room, Dishwasher, Furniture Outdoor, Garden Area, Iron & Board, Kitchen, Laundry, Linen, Lounge, Microwave Oven, No Smoking, Rooms, Parking, Porch/Deck, Refrigerator, Shower, Smoke Detector, Stairs, Stove, Swimming Pool, Toaster, TV, Views, Washing Machine, Waterfront, Wi-Fi

*“Property was immaculate
and well equipped with
everything.”*

Guest @ Rock Salt Villas

Your choice

FOR A RESTFUL NIGHTS SLEEP

VILLA 1

The king-sized bed will ensure you sleep soundly at night, and the solar heated pool looking towards the beach will keep you cool during the day.

FROM \$3160

Shared \$3160 each. Ideal with your partner (shared bed)

Private \$4330

VILLA 2

The king-sized bed will ensure you sleep soundly at night, and the solar heated pool looking towards the beach will keep you cool during the day.

FROM \$3160

Shared \$3160 each. Ideal with your partner (shared bed)

Private \$4330

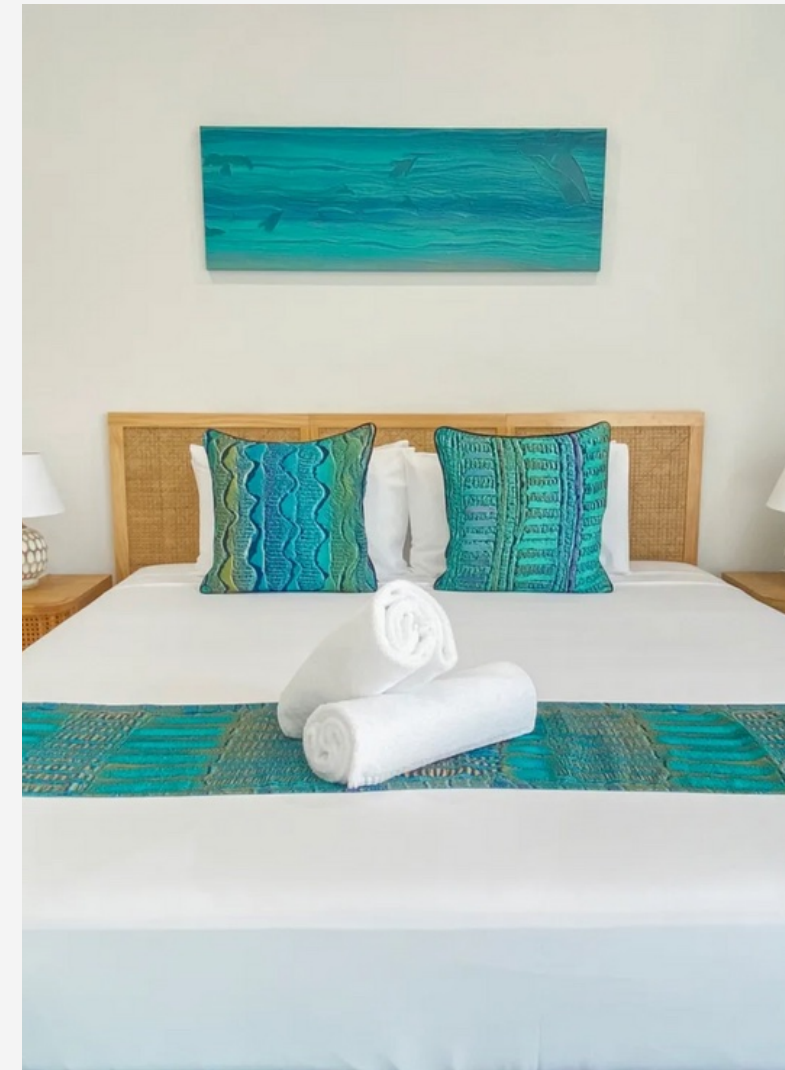
Villa 1

KING + ENSUITE

With no road between the front of your accommodation and the foreshore, you'll be able to watch the gentle waves from your inside living space and balcony areas - and even take advantage of the view from an outdoor rainwater shower.

Private \$4430
bed)

Shared \$3160 each. Ideal with your partner (shared bed)



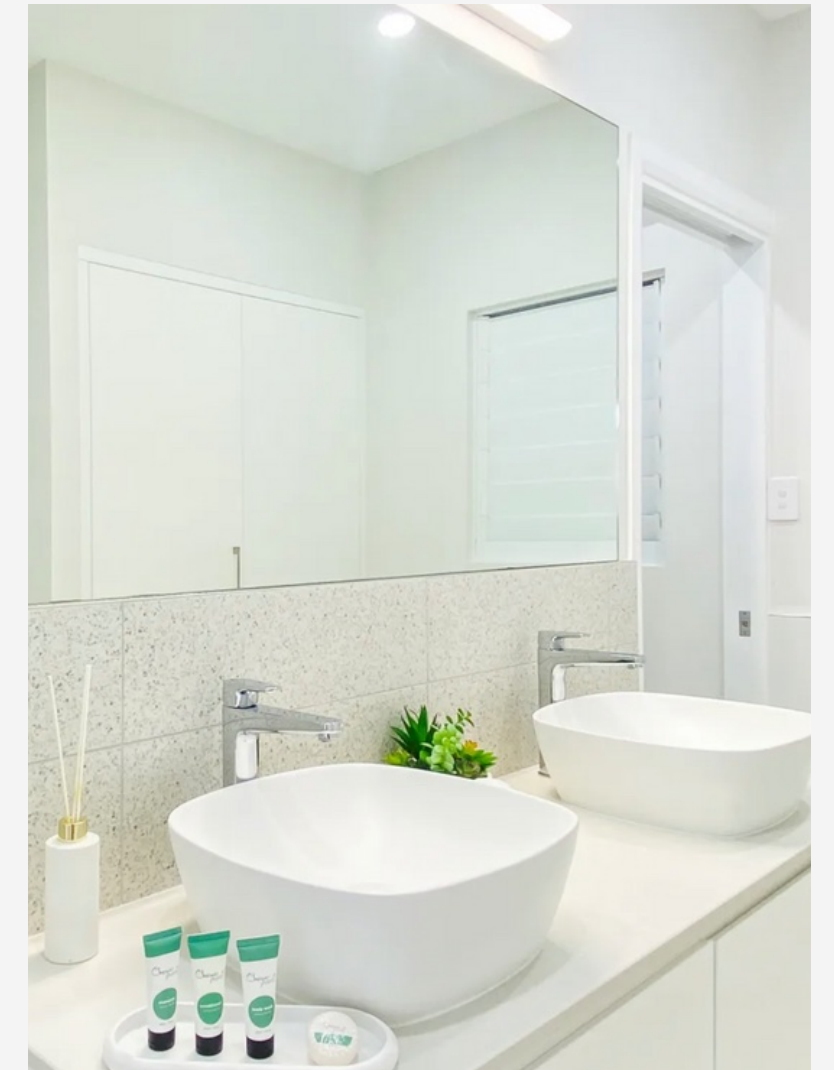
Villa 2

KING + ENSUITE

With no road between the front of your accommodation and the foreshore, you'll be able to watch the gentle waves from your inside living space and balcony areas - and even take advantage of the view from an outdoor rainwater shower.

Private \$4430
bed)

Shared \$3160 each. Ideal with your partner (shared bed)



Hear what Erin had to say about her RETREAT EXPERIENCE

I am infinitely grateful to Wallis and her massoga crew for taking such good care of me on retreat. I stepped out of the linear time of the working world into the timelessness of self, connection with others and ancient practice. The layers of life tension and pressure of chronic doing fell away and made space for me to be the person I know myself to be. This kind of transcendence is only possible when someone keenly dedicated is working in plain sight as well as invisibly behind the scenes. Wallis has cultivated an experience built on intention, intuition and experience. She knows the care and work her guests need to be able to come to ground and to befriend, once again, the winter within.

I expected some nice nosh, lovely linen, some sweet massage and mat moves. What I got was a start-to-finish tailored experience brimming with uplifting messages, deep tissue release, seriously nutritious and toothsome meals with rich, interesting and hilarious conversation to match.

Wallis, Izzy (our chef) and Kurtu (our magic hands masseuse) all possess the vocational energy of people in the right work. It was inspirational to see the attention and fervour with which they each approached their roles. Wallis approached the retreat with authenticity and wholeheartedness, whether facilitating or just chatting over tea. The call to presence and stillness was all the more invitational because she modelled those behaviours so generously. Izzy blended ingredients with the wizardry of a healer and treated us to several courses each day. And Kurtu's methodical massage work was a craft of excellent communication, intuition and strength.

There is no energy, no healing like entering into an experience where everyone wants the best for you. I returned deeply rested, radiant, strong and grateful. Everyone deserves to feel this filled up.

~ Erin, Retreat Guest 2022

2024

Reflections VILLAS

Reflections are luxury beachside villas, a boutique complex of only 4 villas, designed exclusively for privacy and comfort. Each villa features a private courtyard with large temperature controlled plunge pool, king size bedroom suite, separate living pavilion, BBQ and views across Picnic Bay. Picnic Bay is an ideal village like destination for you to enjoy peace, tranquility and appreciate what Magnetic Island has to offer.



FACILITIES + FEATURES

1 bedroom, 1 bathroom

Air Conditioning, Balcony, BBQ, Beachfront, Bedmakes, Big, Screen TV, Ceiling Fans, Clothes Dryer, Covered Outdoor, Area, Crockery and Cutlery, Dining Room, Dishwasher, Furniture Outdoor, Garden Area, Iron & Board, Kitchen, Laundry, Linen, Lounge, Microwave Oven, No Smoking, Rooms, Parking, Porch/Deck, Refrigerator, Shower, Smoke Detector, Stairs, Stove, Swimming Pool, Toaster, TV, Views, Washing Machine, Waterfront, Wi-Fi

We stayed in this villa for four nights and it felt like paradise. The accommodation is very comfortable with fabulous views. Great to hear the waves as you sleep at night. The birdlife is active at dusk and during the night.

Guest @ Reflections Villas

Your choice

FOR A CALMING NIGHTS SLEEP

VILLA 1 ~ EMERALD

Each villa features a private courtyard with large temperature controlled plunge pool, and a king size bedroom suite. Privacy and comfort are at the essence of the Reflections Villas.

FROM \$3160

Shared \$3160 each. Ideal with your partner (shared bed)

Private \$4330

VILLA 2 ~ TOPAZ

Each villa features a private courtyard with large temperature controlled plunge pool, and a king size bedroom suite. Privacy and comfort are at the essence of the Reflections Villas.

FROM \$3160

Shared \$3160 each. Ideal with your partner (shared bed)

Private \$4330

VILLA 3 ~ AMBER

Each villa features a private courtyard with large temperature controlled plunge pool, and a king size bedroom suite. Privacy and comfort are at the essence of the Reflections Villas.

FROM \$3160

Shared \$3160 each. Ideal with your partner (shared bed)

Private \$4330

VILLA 4 ~ TURQUOISE

Each villa features a private courtyard with large temperature controlled plunge pool, and a king size bedroom suite. Privacy and comfort are at the essence of the Reflections Villas.

FROM \$3160

Shared \$3160 each. Ideal with your partner (shared bed)

Private \$4330

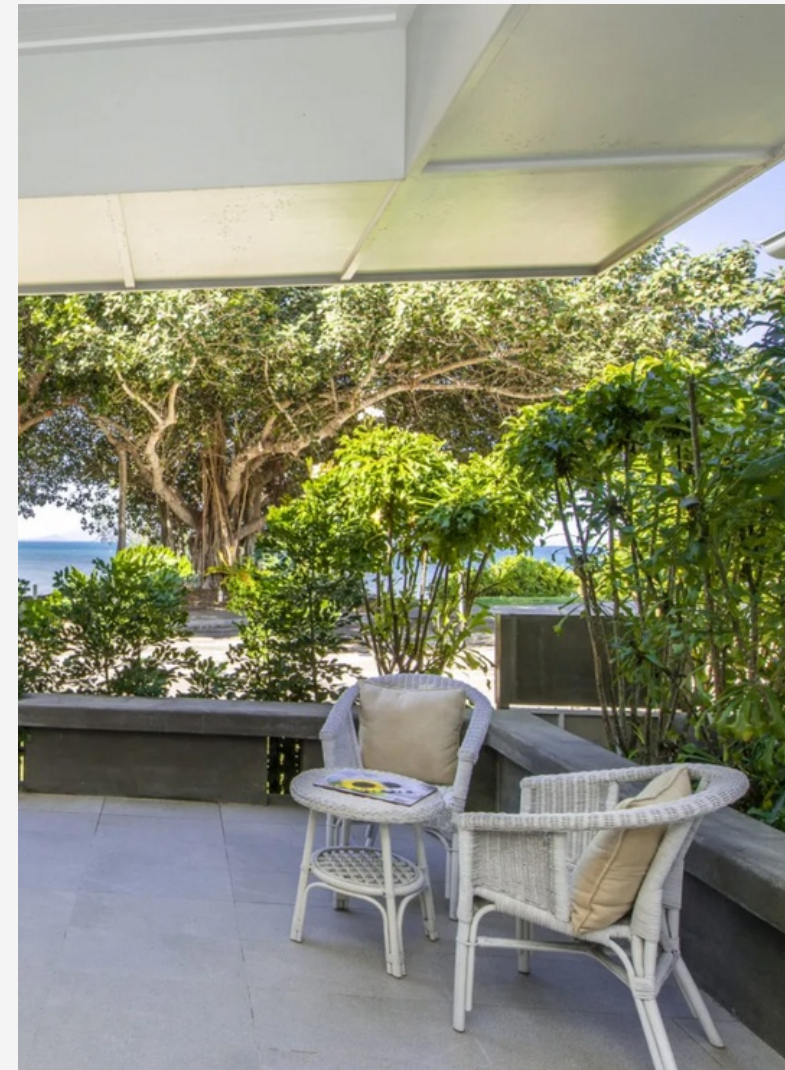
Villa 1

KING + ENSUITE

Reflections Emerald is the 1st villa in this boutique group of 4 private villas with views across Picnic Bay and the blue waters of the Coral Sea to the hills of Cape Cleveland hugging the horizon. Guests enjoy private courtyards with large temperature controlled plunge pools, king size bedroom suites, separate living pavilions, BBQs and views across the bay.

Private \$4430
(bed)

Shared \$3160 each. Ideal with your partner (shared bed)



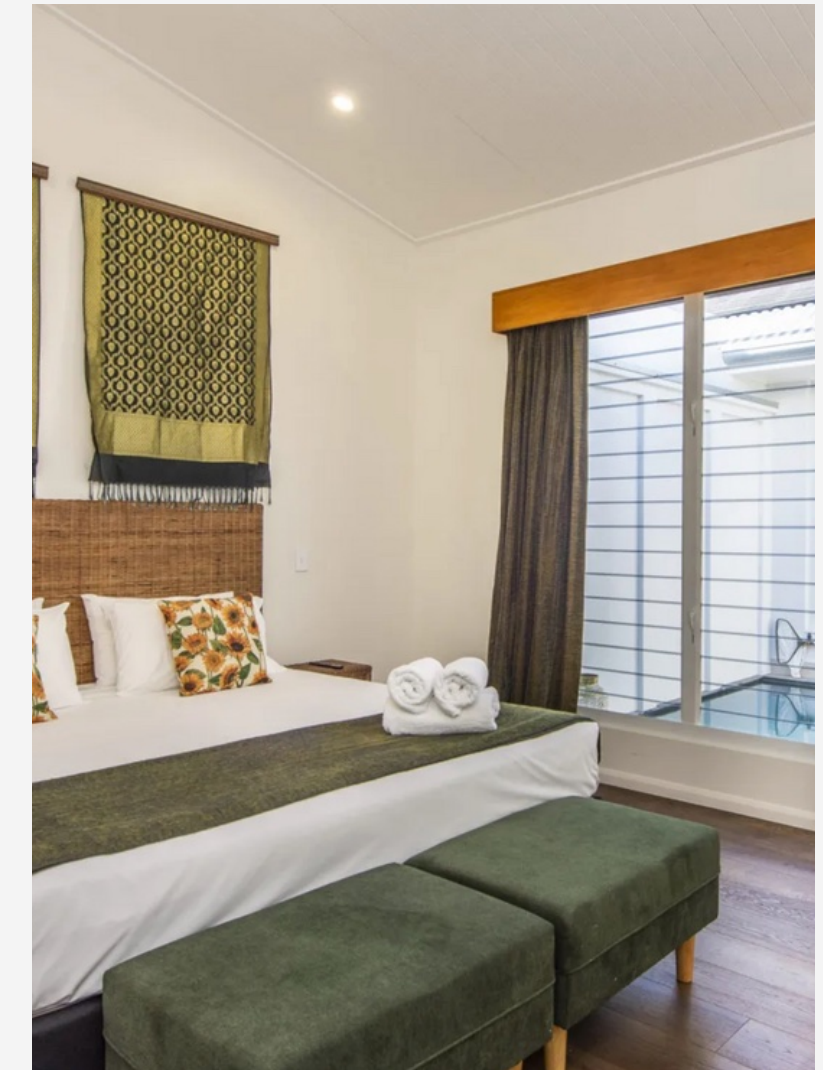
Villa 2

KING + ENSUITE

Reflections Topaz is the 2nd villa in this boutique group of 4 private villas with views across Picnic Bay and the blue waters of the Coral Sea to the hills of Cape Cleveland hugging the horizon. Guests enjoy private courtyards with large temperature controlled plunge pools, king size bedroom suites, separate living pavilions, BBQs and views across the bay.

Private \$4430
bed)

Shared \$3160 each. Ideal with your partner (shared bed)



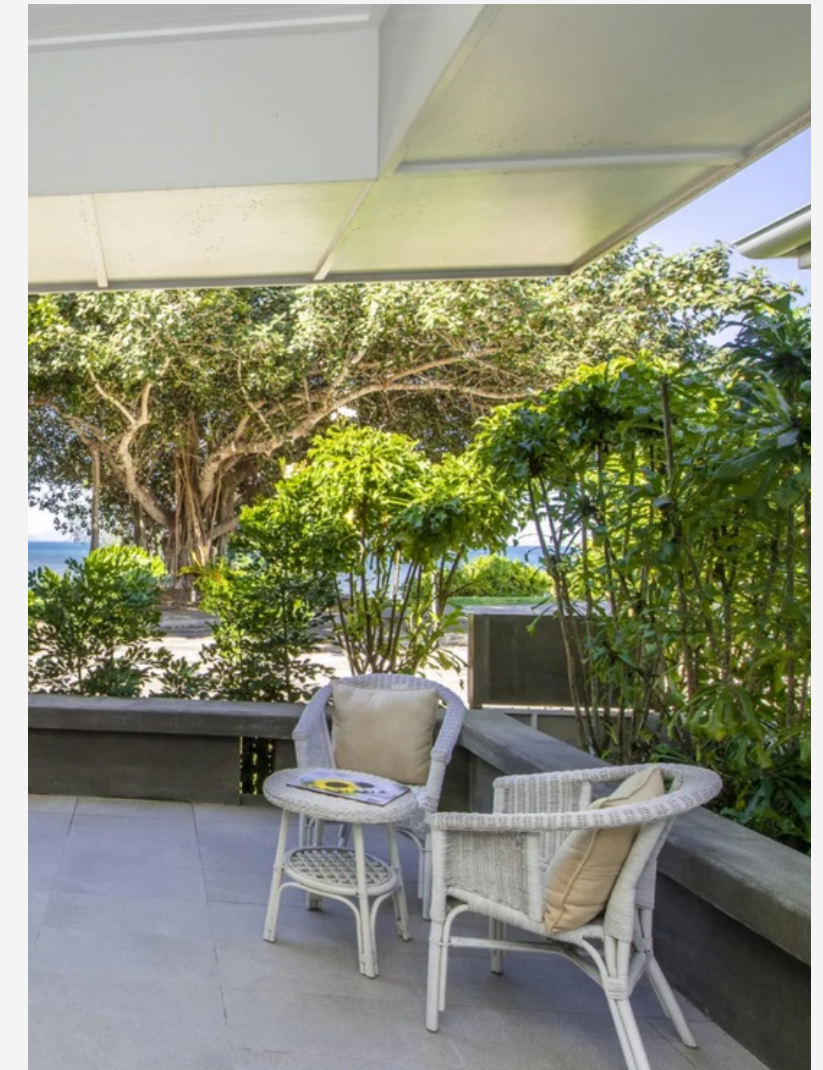
Villa 3

KING + ENSUITE

Reflections Amber is the 3rd villa in boutique group of 4 private villas with views across Picnic Bay and the blue waters of the Coral Sea to the hills of Cape Cleveland hugging the horizon. Guests enjoy private courtyards with large temperature controlled plunge pools, king size bedroom suites, separate living pavilions, BBQs and views across the bay.

Private \$4430
(bed)

Shared \$3160 each. Ideal with your partner (shared bed)



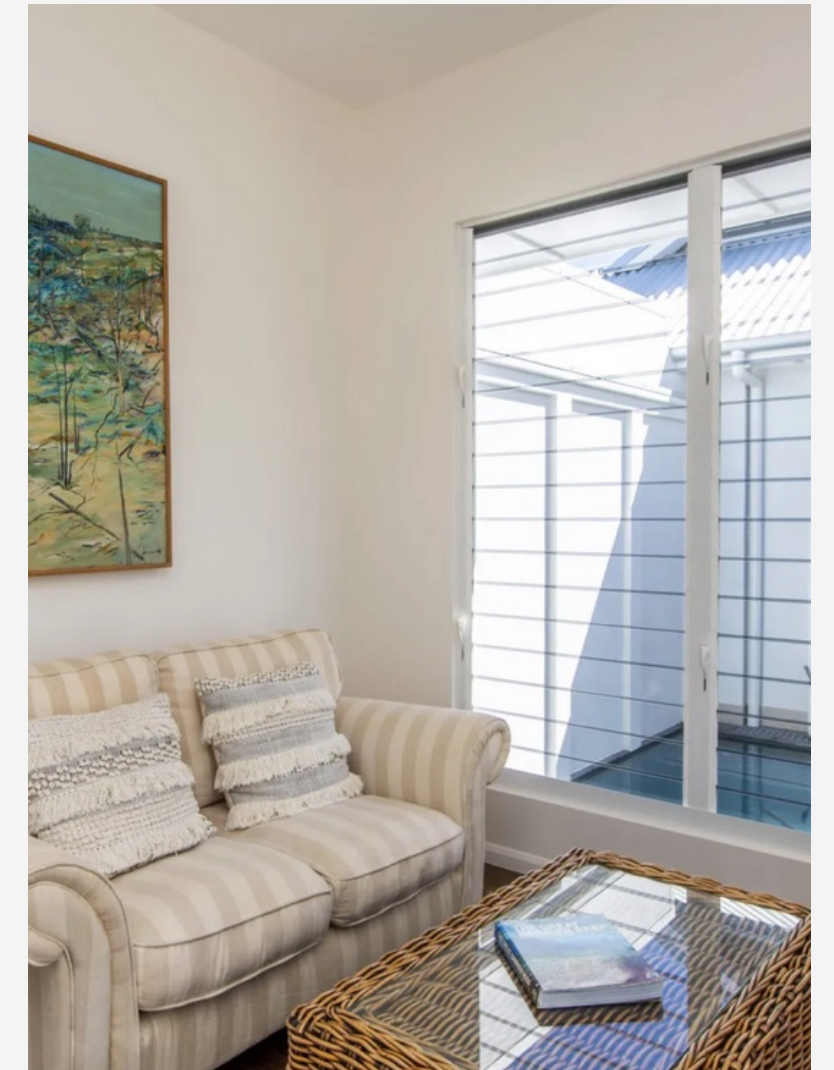
Villa 4

KING + ENSUITE

Reflections Turquoise is the 4th villa in this boutique group of 4 private villas with views across Picnic Bay and the blue waters of the Coral Sea to the hills of Cape Cleveland hugging the horizon. Guests enjoy private courtyards with large temperature controlled plunge pools, king size bedroom suites, separate living pavilions, BBQs and views across the bay.

Private \$4430
bed)

Shared \$3160 each. Ideal with your partner (shared



Hear what Jess had to say about her RETREAT EXPERIENCE

The experience of Massoga on retreat is nothing short of five stars. What a privilege to experience being held by Wallis and the phenomenal retreat team not once, but twice. Travelling to Magnetic Island in both 2022 and 2023 gave me two different experiences, both of which were exactly what I needed.

My experience included bucketloads of rest together with nourishing and tasty food (thanks to the high vibe Sophia from Bloom Kitchen), amazing conversations with fellow retreat goers, daily yoga and meditation, swims and walks across such a special island. The jewel in the crown was definitely the 90 minute Massoga sessions, which take the nourishing rest and restoration of Yin yoga to the sublime with hands on massage. Absolute bliss.

2024

Magnetic DAZE

Enjoying absolute beach frontage on the stunning foreshore of Picnic Bay, this brand new 6 bedroom home has been designed perfectly for those who enjoy time in community on retreat. This brand new home is a new addition to the gated community that have pride of place on one of the few spots on Magnetic Island that the beachfront is at your doorstep and not a road. Picnic Bay is a very peaceful part of Magnetic Island. You will be transported to island time very quickly.

Magnetic Daze features 6 bedrooms, 2 ensuites plus 2 additional bathrooms, full kitchen and laundry facilities, fully air-conditioned, pool and off street parking in your own gated community. Enough space for all to relax.



FACILITIES + FEATURES

6 bedrooms, 4 bathrooms

Air Conditioning, Balcony, Bath Tub, BBQ, Beachfront, Bedmakes, Big Screen TV, Ceiling Fans, Clothes Dryer, Covered Outdoor Area, Crockery and Cutlery, Dining Room, Dishwasher, Furniture Outdoor, Garden Area, Kitchen, Laundry, Linen, Lounge, Microwave Oven, No Smoking Rooms, Parking, Porch/Deck, Refrigerator, Shower, Smoke, Detector, Stove, Swimming Pool, Toaster, TV, Views, Washing Machine, Waterfront

“House is immaculate and brand new. Fantastic patio with a table that everyone can fit around is the perfect place to sit, eat and talk the day/night away all with a great ocean view and the pool two steps away.”

Guest @ Magnetic Daze

Your choice

FOR A CALMING NIGHTS SLEEP

ROOM 1

Queen Bed + Ensuite
situated upstairs

FROM \$2560

Shared \$2560 each.
Ideal with your
partner (shared bed)

Private \$2960

ROOM 2

Queen Bed + Shared
Bathroom situated
upstairs.

FROM \$2660

Private \$2660
No sharing option
available for this
room

ROOM 3

Twin Beds with
Shared Bathroom
situated upstairs

FROM \$2460

Single Bed in **Shared**
Room of Two
\$2460 each

ROOM 4

Queen Bed + Ensuite
situated downstairs

FROM \$2560

Shared \$2560 each.
Ideal with your
partner (shared bed)

Private \$2960

ROOM 5

Queen Bed with
Shared Bathroom
situated downstairs

FROM \$2660

Private \$2660
No sharing option
available for this
room

ROOM 6

Twin Beds with
Shared Bathroom
situated downstairs

FROM \$2460

Single Bed in **Shared**
Room of Two
\$2460 each

Room 1 QUEEN + ENSUITE

Magnetic Daze features 6 bedrooms, 2 ensuites plus 2 additional bathrooms, full kitchen and laundry facilities, fully air-conditioned, pool and off street parking in your own gated community. Enough space for all to relax.

Private \$2960
(bed)

Shared \$2560 each. Ideal with your partner (shared bed)

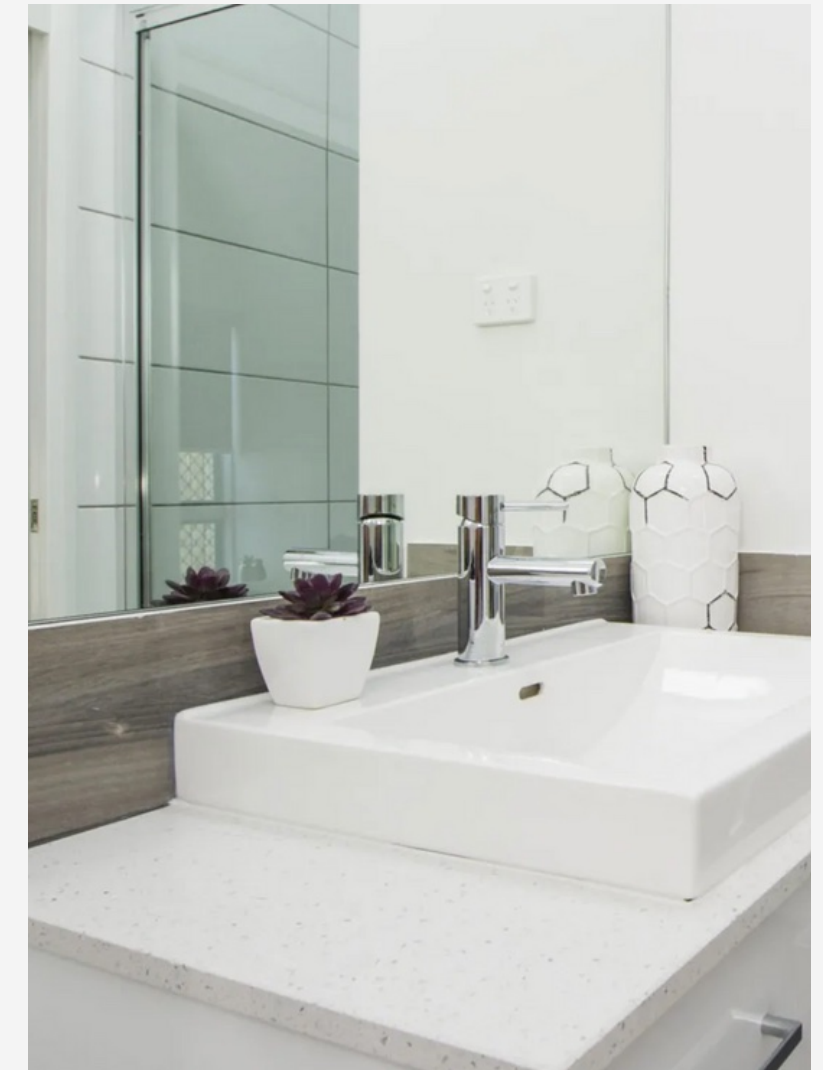
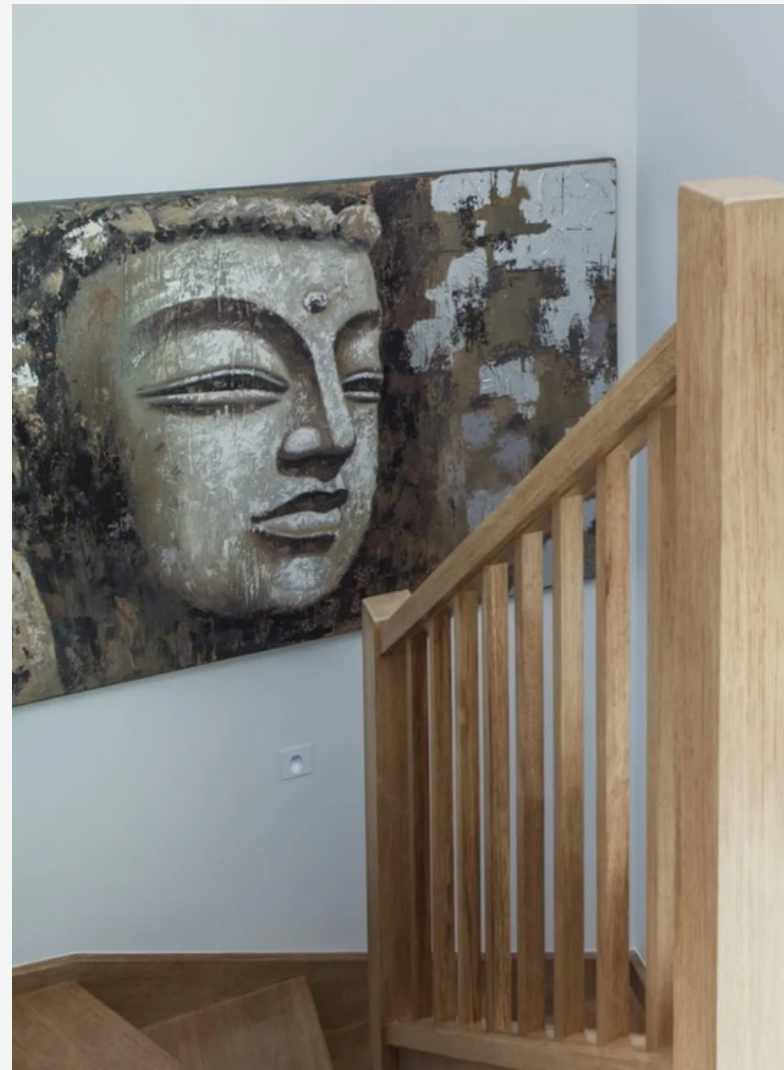


Room 2

QUEEN BED + SHARED BATH

Magnetic Daze features 6 bedrooms, 2 ensuites plus 2 additional bathrooms, full kitchen and laundry facilities, fully air-conditioned, pool and off street parking in your own gated community. Enough space for all to relax.

Private \$2660

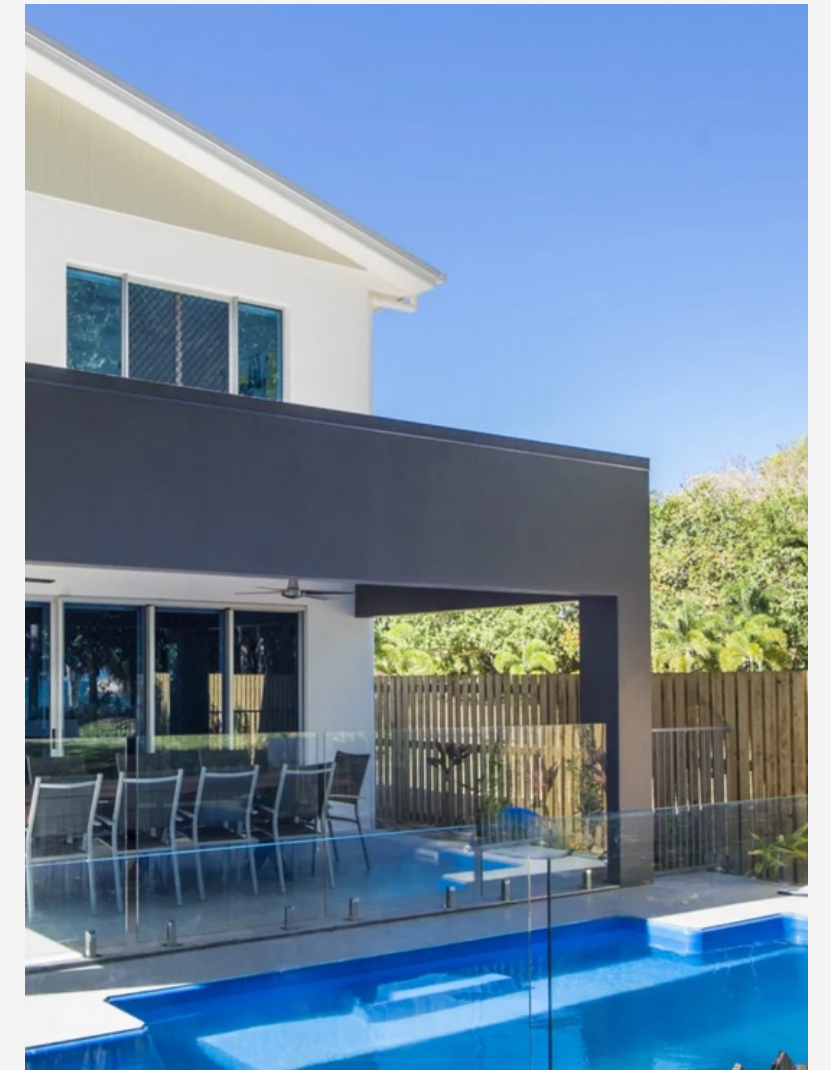
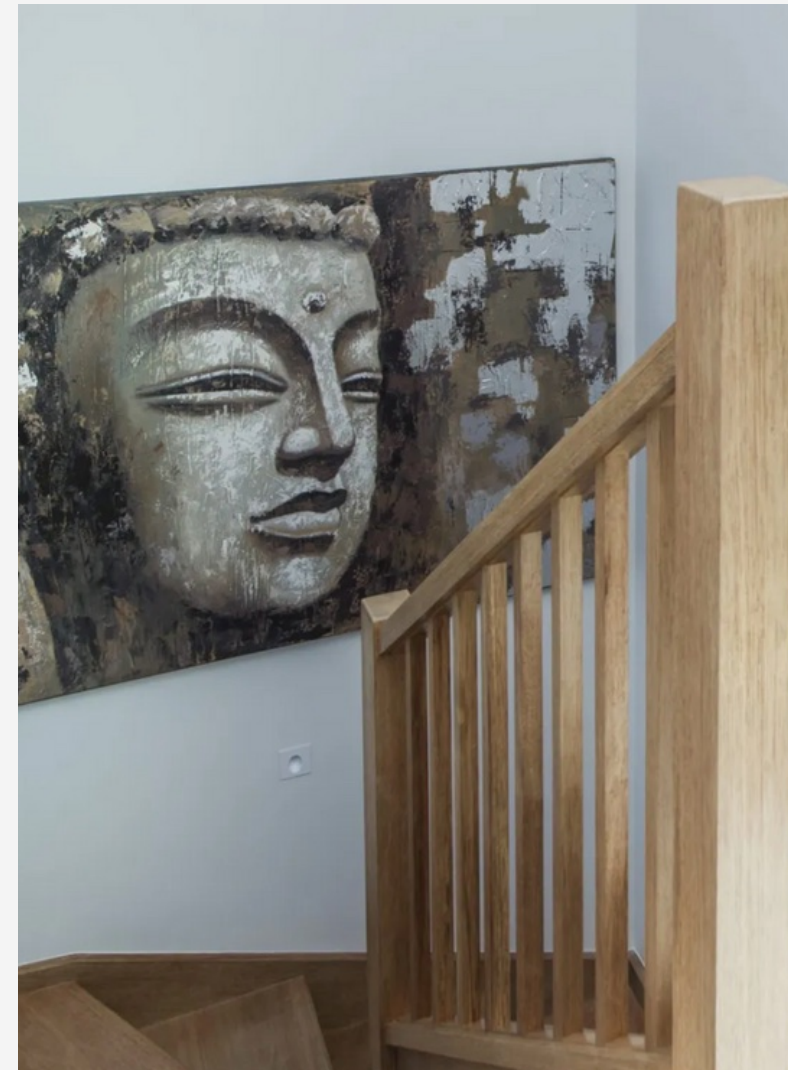


Room 3

TWIN BEDS + SHARED BATH

Magnetic Daze features 6 bedrooms, 2 ensuites plus 2 additional bathrooms, full kitchen and laundry facilities, fully air-conditioned, pool and off street parking in your own gated community. Enough space for all to relax.

Shared \$2460 each. Single Bed in a room of 2 single beds.

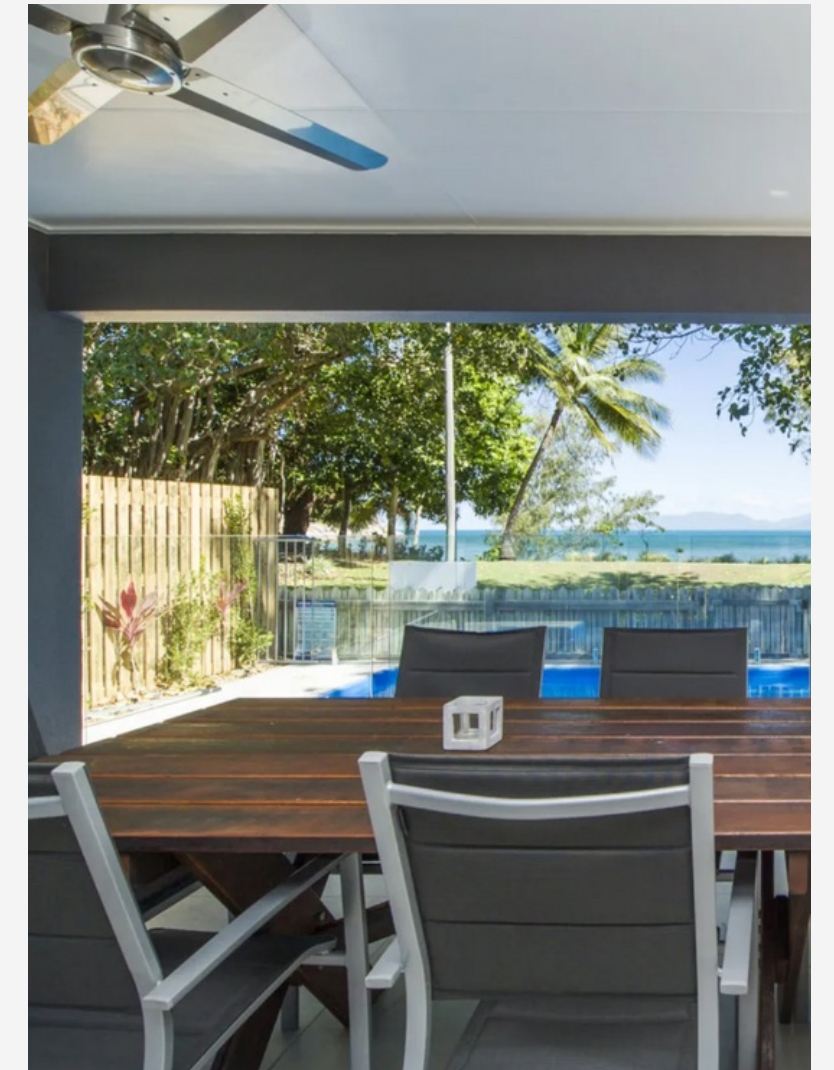


Room 4 QUEEN + ENSUITE

Magnetic Daze features 6 bedrooms, 2 ensuites plus 2 additional bathrooms, full kitchen and laundry facilities, fully air-conditioned, pool and off street parking in your own gated community. Enough space for all to relax.

Private \$2960
(bed)

Shared \$2560 each. Ideal with your partner (shared bed)

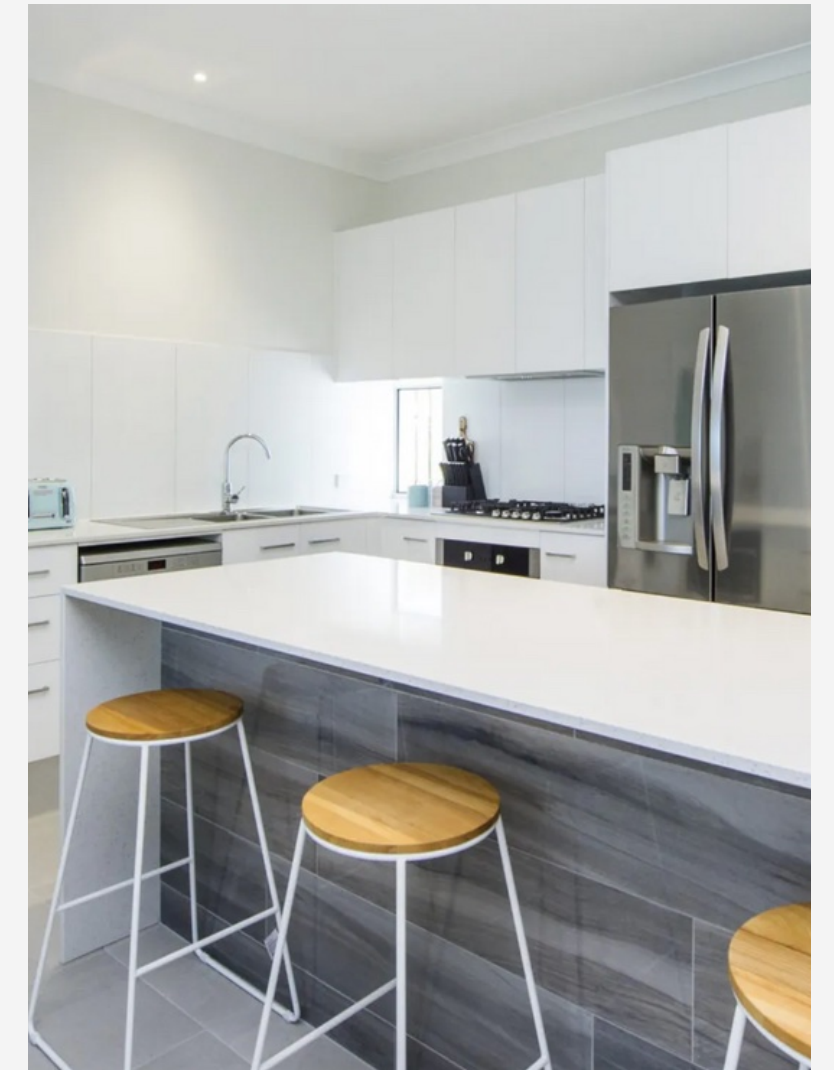


Room 5

QUEEN BED + SHARED BATH

Magnetic Daze features 6 bedrooms, 2 ensuites plus 2 additional bathrooms, full kitchen and laundry facilities, fully air-conditioned, pool and off street parking in your own gated community. Enough space for all to relax.

Private \$2660

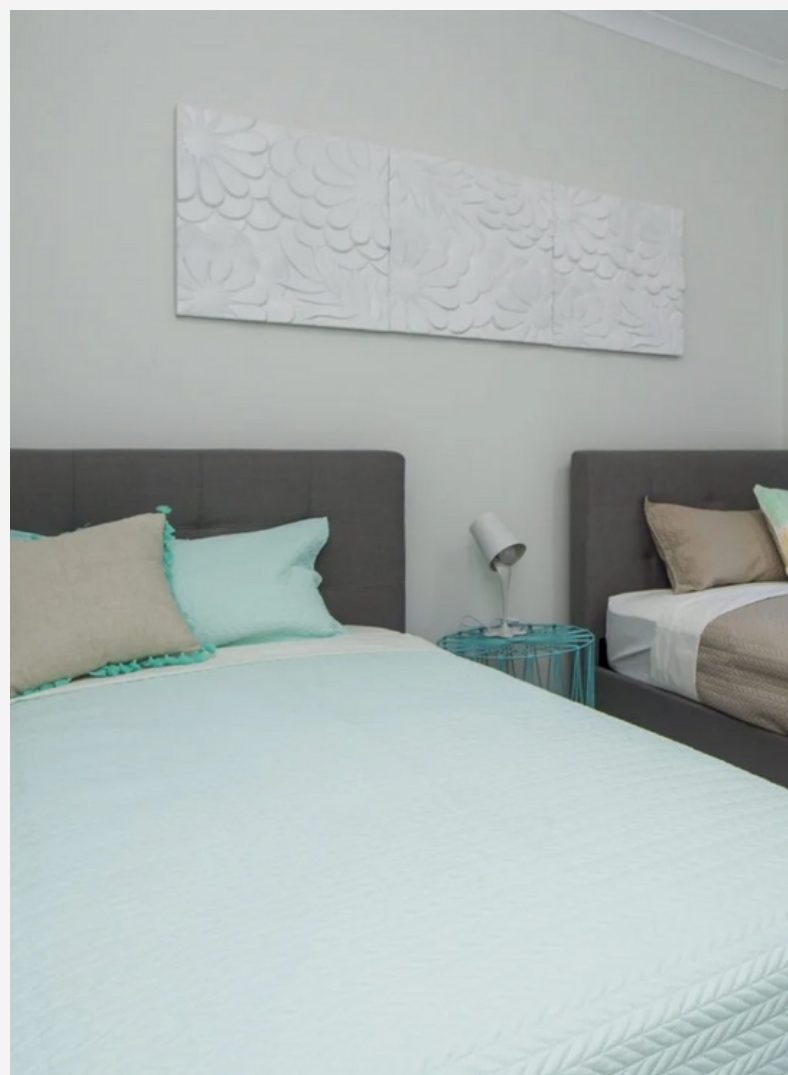


Room 6

TWIN BEDS + SHARED BATH

Magnetic Daze features 6 bedrooms, 2 ensuites plus 2 additional bathrooms, full kitchen and laundry facilities, fully air-conditioned, pool and off street parking in your own gated community. Enough space for all to relax.

Shared \$2460 each. Single Bed in a room of 2 single beds.



INCLUSIONS + EXCLUSIONS

Retreat packages include the following;

- 5 nights in accommodation in Picnic Bay, Magnetic Island
- 4 x Massoga® Massage Yoga practices, a restorative yin yoga combined with massage for the most relaxed you will ever feel
- Daily Slow Yoga, a Hatha practice to challenge the body gently with movement. Strength and conditioning offered with modifications, and no yoga experience necessary.
- Daily Mindful Meditation, a seated practice to encourage clarity, awareness and presence
- Welcome drink (non-alcoholic)
- 2 main meals and light breakfast prepared by our in house private chef, imbuing passion and love into all they create.
- Water, tea, coffee and snacks served throughout the day
- Free transfers from the nearby Ferry Terminal
- Wifi connection
- Specialised workshops
- Pre and post retreat support from our team

Your retreat package does not include the following;

- International or domestic Flights to/within Australia
- Travel Insurance. It is highly recommended you take out travel insurance
- Any medical expenses that occur on, before or after retreat
- Alcoholic beverages are not supplied on retreat
- Additional private treatments including; massage, facial, yoga, acupuncture, other body work

TERMS⁺ CONDITIONS

Please be advised;

- Payments for retreat are non-refundable.
- Your package must be paid in full within 8 weeks of your retreat date.
- In the event of contracting Covid-19 within 5 days of your retreat date, you will not be able to attend the retreat.
- Massoga[®] Pty. Ltd. will endeavour to maintain the retreat package as advertised. If events outside of the organiser's control should arise, they retain the right to make any room, date, location, and or schedule changes with limited notice.

We can't wait to meet you!
MASSOGGA[®] RETREATS

2024



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